

The Ascend Program is a leadership program for young men at the Harbor Heights. After the program, young men may go to Green Hill School, a community facility, or another option.

The program focuses on leadership and job training. **ACTIVE** programs are currently available to young men. **UPCOMING** programs are in development or will launch in the next few months. Harbor Heights continues to expand programming and available programs may vary.

LEADERSHIP AND MENTORSHIP

Rewire CBT - ACTIVE

Young men learn, practice, and teach ROCA's Rewire CBT skills from staff. These tools help young men develop emotional regulation, impulse control, and decision-making.

Northwest Credible Messengers - ACTIVE

Young men work with mentors who have lived experience. Mentors work with young men to create change, offer wisdom, teach accountability, and build relationships.

Through this partnership, young men can earn a Certified Peer Counselor (CPC) Certification. The certification will help young men build careers in behavioral health, reentry work, and system advocacy.

The Blueprint: Rites of Passage - ACTIVE

Young men talk about manhood, responsibility, and success. They will develop individual plans for adulthood.

7 Habits on the Inside - ACTIVE

Staff and young men work together to create a community based on trust and strengthening relationships. The goal is to create a more supportive and rehabilitative environment.

Life Skills Reimagined - UPCOMING

Young men complete an online course on their own schedule. The class teaches young men things like managing money, creating healthy relationships, and how to live on their own.

JOB TRAINING

My Journey Out Beyond (MyJOB) - UPCOMING

Young men in this program can explore different jobs, get job training, and receive counseling. They will also participate in hands-on learning.



EDUCATION AND VOCATIONAL TRAINING

GRuB - ACTIVE

Young men will learn about gardening. They will also explore building sustainable ecosystems, beekeeping, plants, cooking, and nutrition. Young men also help decide what they learn in this program.

Grays Harbor College - UPCOMING

GED preparation, High School Plus, and college classes. Launching in 2026,

Roots of Success - ACTIVE

Young men prepare for jobs in environmental fields. They will work on improving environmental and social conditions in their communities.

Vehicles for Change: Virtual Reality (VR) Automotive Repair Training - UPCOMING

Young men learn how to repair cars in a virtual environment. They will practice tasks like brake repairs and car maintenance skills. They also can get industry credentials.

RECREATION

Video Calls and Messaging - ACTIVE

Young men can use tablets to talk with friends and family using tablets. Young men can communicate through messaging, voice calls, and video calls.

The Bridge Music Project - ACTIVE

Young people write, record, and perform original music that shares their stories. Young men learn skills such as teamwork, leadership, and empathy.

MENTAL HEALTH AND TREATMENT PROGRAMS

Substance Use Treatment - ACTIVE

Young people have access to substance use treatment.

Mental Health - ACTIVE

Young people can meet with a mental health professional.