

Programming is an important part of Juvenile Rehabilitation (JR). The programs offered to young people are designed to foster growth and build skills. This makes sure that young people are empowered and build successful futures. To meet the needs of young people, JR offers a large range of programming.

Eligibility and timing of the programs vary.

MENTAL HEALTH AND TREATMENT PROGRAMS

Aggression Replacement Training

Provides young people with skills to control anger and moral reasoning.

Substance Abuse Disorder Treatment

Young people have access to Substance Use Dependency (SUD) treatment.

Sexually Abusive Behavior Treatment

Treatment from a Certified Treatment Provider that works with young people convicted of a sexual offense.

CAREER PROGRAMS

FareStart Career Prep

A job training program focused on developing culinary, barista, and job skills for young people.

Canine Connections

In this program, young people prepare dogs for adoption. Young people provide basic training and daily exercises for dogs. They also clean up after dogs.

MyJOB

Young people in this program can explore different jobs, get job training, and receive counseling. They will also participate in hands-on or work-based learning.

EDUCATION PROGRAMS

Highline College

Online college courses are available to earn degrees.

Open Doors

The program engages young people in school. The program also helps young people with business algebra.

Tutoring

Young people can get help with schoolwork from University of Washington Students.



CULTURAL AND GROUP PROGRAMS

LGBTQIA+ Group

An education focused support group for LGBTQIA+. The group everyone to learn about, discuss, and celebrate LGBTQIA+ identity, terms, history, figures, and beyond.

Hawk Foundation

Drum groups are designed for young people to develop team building skills. Young people learn about African History and African American History.

Unkitawa

Native American Programming.

RECREATION PROGRAMS

UPower

Fitness and wellness education.

Youth Voice

Young people from each unit brainstorm and create ideas for campus.

WA State Library

Units can visit and check out books, attend speakers, and join activities.

Zen Den Yoga

Yoga.

Yoga Behind Bars

Yoga and meditation.

Pongo Poetry

Young people can learn and write poetry.

The Bridge Music Project

Young people write, record, and perform original music that shares their stories.

Threads of Change

The program is created to inspire conversations. The young people will create a quilt as part of this project.

SHARE Screen Writing

A program for young people to use screenwriting and filmmaking as a tool to work through emotions and trauma.

Board Games Club

Young people spend time playing games with volunteers and building relationships.

Dungeons and Dragons

Young people play Dungeons & Dragons (D&D) to develop valuable life skills. Through immersive storytelling and collaborative gameplay, D&D fosters creativity, problem-solving, and teamwork.

Lego Fun

Lego Fun encourages critical thinking and problemsolving. By experimenting with different combinations and structures, young people learn principles of engineering, balance, and symmetry.

Art Group

This program offers painting, drawing, or sculpture making so young people can express themselves and use creativity. The program also works on fine motor skills through drawing, coloring, or crafting.

Magic the Gathering

Young people play Magic: The Gathering.

MENTORING PROGRAMS

ReSet

Mentoring with support for young people engaged in gangs. The program works with young people to see themselves as more than their gang identity.

Choose 180

Mentoring that is focused on growth and development.

NW Credible Messengers

Mentoring.

Social Awareness Group

Young people to learn about those in need and how to support them. The group teaches social awareness and responsibility.