

Dental

- Report any mouth or tooth pain, and swelling or bleeding gums to the clinic through the health memo process.
- Brush (teeth, tongue) and floss twice daily or after meals.
- Floss is available in the living unit.



Medications and First Aid in Living Units

Some medications available in the unit include Tylenol, Ibuprofen, antacids, sunscreen, and Lactaid.

Emergency Care

Medical staff respond immediately to life threatening medical emergencies. Echo Glen staff will alert medical staff to medical emergencies.



Echo Glen's Health Center is accredited by the National Commission on Correctional Health Care (NCCHC). The NCCHC defines the standards for health care in Juvenile Detention.

Young people have the right to refuse medical treatment through the Refusal of Medical Care form. The Health Center provides the form upon refusal of treatment.

Echo Glen Health Center

33010 SE 99th Street
Snoqualmie, WA 98506

Nurse Phone Number: 425-831-2501

Dental Phone Number: 425-831-2505

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Echo Glen Health Center



Washington State Department of
CHILDREN, YOUTH & FAMILIES



The Echo Glen Health Center provides excellent medical, dental and mental health care with compassion and respect for all of patients.

The Health Center provides medical, dental, mental health and optometry services. Nursing staff are on campus seven days a week.

Young people receive a nursing assessment on the same day they arrive on campus. They also get a physical exam within the first week of arrival. Dental exams occur within 60 days of admission. Specialists are available for acute and chronic medical conditions off campus.

For medical, mental health, dental or vision care:

- Complete a Health Center Request Form (available at the cottage staff desk). The form should be placed in an envelope and mailed to the nurses.
- Medical, mental health, and dental services are available throughout the week. Vision services or eye exams are available monthly.

Physical Exams with a Medical Provider

A physical exam is completed within the first week and every year at Echo Glen. If a young person refuses the exam, activities will be limited.

Tattoo Removal

Tattoo removal is available. A young person must fill out a Health Center Request Form and write a letter to request tattoo removal. The Health Center Request Form needs to be sent to the Nurses. The letter must include the locations, a description, and why the tattoo needs to be removed. The letter must be submitted to the Health Center Administrator.

Medications

Medications must be taken with a full glass of water. Nurses check mouth, hands, and cups to make sure medications are swallowed.

If there is an attempt to not take medication, the medications may be crushed or discontinued.



Sexually Transmitted Disease/Infection (STD/STI) Testing

Chlamydia and gonorrhea tests are provided during intake to Echo Glen. Additional testing can be requested on the Health Center Request Form.

Vaccinations

After arriving at Echo Glen, staff will review vaccinations records. Young people will be up to date on vaccinations before leaving Echo Glen.

Substance Use Treatment

- Young people receive a substance use screening at intake.
- Treatment options include medication, therapy, and support groups.