

HVSA PAT PBC Working Group Notes -- Thursday, November 11, 2020

Meeting Objectives:

- *Inform on Learnings from home visitor engagement and Upcoming Opportunities for home visitors and caregivers*
- *Continue to Hear Reflections on the PICCOLO and HFPI*
- *Strategize Piloting Process*

Participants:

- *PAT Leaders: Jasmine Barber, Heila Blair, Nancy Donato, Leo Gaeta, Tyna Hagood, Kristi Jewell, Samantha Masters, Shayla Montgomery, Elizabeth Moore, Aurora Pena Torres, Marisol Quezada, Trissa Schiffner, Erin Schreiber, Dianne Trevino, Kristen Williams, Ryanne Zielinski*
 - *State team: Laura Alfani, Susan Botarelli, Izumi Chihara, Minnette Mason, Cassie Morley, Valerie Stegemoeller, Rene Toolson, Ivon Urquilla*
-

I. Introduction, Check-In and Purpose

- *The intent of the meeting was to offer opportunity for discussion on the 2 measurement tools most aligned with the outcomes of Parent Child Interaction and Caregiver Well-being, the PICCOLO and HFPI. We were also going to provide a brief update on home visitor and stakeholder engagement opportunities and plans.*

II. Update on Stakeholder Engagement:

- *Home Visitor Engagement Surveys*
The survey link will be distributed soon and it will be out for at least 10 working days. Here is the survey monkey link: <https://www.surveymonkey.com/r/QM8XTQ8>.
The survey is voluntary, and for each program where 2 home visitors complete the survey, the program earns a \$200 performance award; those programs where 2 home visitors participated in focus groups or where they convened a team meeting have already earned this performance award.
- *Caregiver Engagement*
The Caregiver survey will be distributed in late November or early December and out for at least 15 working days. It will be translated into Spanish at least, and an electronic link will be shared per program; only one survey may be received from each electronic device, which impacts how home visitors may facilitate survey completion. Each family that completes a survey may sign up to receive a \$15 gift card from either Walmart (electronic or card) or Amazon (electronic). Programs with 10 responses will earn a \$300 performance award (smaller programs will need 6 parent responses to earn the award). DCYF will keep track of who submits and let programs know.
Participants indicated that both electronic links and paper surveys would be needed. Language translation needed include Spanish and Arabic. DCYF will work on these options and communicate with programs.
Any programs interested in hosting a parent group should connect with Rene to craft options.

III. Measurement: Continued Reflection and Conversation

- *In reviewing the notes from each of the small groups at the October meeting, talking with PICCOLO implementers (Parent Child+), and the developer of HFPI, the following assessment of where we are:*
 - *The HFPI is PAT approved but not MIECHV approved; it has a broader focus and measures several domains. Many of the domains align strongly with PAT elements; several addresses Parent Child Interaction and a few domains inform on Caregiver Wellbeing. The tool incorporates the parent views/the parent voice, but it doesn't have a strong research base yet.*
 - *The PICCOLO is both PAT and MIECHV approved; it has strong alignment with PAT elements, particularly development centered parenting. The HVSA ParentChild+ programs use the tool and like it, feeling it strongly informs on parent child interaction. The tool has a strong research base, with reliability and validity. It is observation based- which lends to its strong validity, but it is harder to implement (it is important to remember that with pre and post tools assessing impacts on parent education interventions, often have challenging results because as parents learn more and gain more skills, they may rate themselves lower in the post test).*
 - *Both tools have challenges in implementation within the virtual environment. Both are available in Spanish, and we know HFPI has additional translations, but don't know about PICCOLO. Both tools would rely on the home visitor for cultural delivery and interpretation.*
 - *The meeting slides present greater detail on all of the above areas.*

- *Active Ingredients Discussion*

DCYF's enabling legislation included the requirement that our client services include performance based measures, hence the PBC policy. In our work so far, we have been challenged with identifying a single outcome that depicts the entire picture the impact of home visiting. Based on the last several years of effort, we've moved in the direction of using the research lens of precision home visiting to help us hone in on what is working for whom and under what conditions? We recognize there a many moving pieces and have arrived at parent child interaction and caregiver well-being as the broader buckets we are exploring – but precision home visiting is helping us to get more specific on the exact changes families experience in these broad areas when participating in PAT and what is influencing these outcomes?

In our exploration of parent child interaction, we arrived at the following more specific outcomes:

- *confidence in parenting skills and efficacy*
- *knowledge of child development*
- *parental role satisfaction*
- *reduced stress and anxiety*
- *reduction in depressive symptoms*

In our exploration of parent child interaction, we arrived at the following more specific outcomes:

- *feelings of connection*
- *parental role satisfaction*
- *reduced stress and anxiety*
- *reduction in depressive symptoms*

There are overlapping "outcomes" across those two categories.

Our study identified 4 key active ingredients driving the above outcomes and their possible forms:

- *Development Centered Parenting*
- *Normalizing that Parenting is Challenging*

- Working Alliance Between home visitor and caregiver
- Communicating/Reflective supervision (FAN)

All of these concepts are depicted in the Outcomes and Active Ingredients Graphic attached at the end of these notes.

IV. Planning Forward to Piloting Tools

- *Considerations moving forward related to the Pandemic*
 As we continue to reflect on moving forward with our PBC planning, particularly in the piloting phase, HVSA planners wonder about the impact of the pandemic, particularly now as Washington is facing a third wave of Covid infections. Are these tools really valid and practical, being newly implemented now in virtual visits? Will these tools be valid implemented in phone visits? How will HVs respond to using a new tool now during visits? How will families respond to using a new tool now during visits? What other issues are there to consider during the next 6 months?
 Participants reflected that currently families and programs are overwhelmed. While staff will all try to make things work, there are a lot of concerns facing home visitors right now, and this would place additional burdens. Some programs are facing fears over potential losses in funding. Taking a slower, voluntary, CQI approach would be appreciated and more manageable. This may be more workable with families who been engaged over a long time, but less likely with newly enrolled families. Programs are experiencing much transition.
- *Current program use:*
 - *PICCOLO:*
 ParentChild+: the 4 programs use the PICCOLO. They incorporate a lot of training on the tools, and supervisors use it in their reflection with parent educators. They like the tool, but it takes work to build the skill for the observational aspect.
 2 PAT programs currently use the PICCOLO. Erin from the United Indians of All Tribes Foundation PAT program shared that they also really like the tool and have had no issues sharing the screening with families.
 We will have deeper conversations with each of these programs to learn more.
 - No programs are using the HFPI; however, we can explore more from its use among programs in Arizona and elsewhere.
- *CQI Approach: Start slow and learn*
 Going forward, DCYF will take a slower approach and enlist programs to test out the tools on a completely voluntarily basis. We anticipate the piloting process will extend into the next fiscal year, beyond the pandemic. This means that if a program volunteers to pilot, one or two of their parent educators will complete training on the tool and begin testing its implementation with one family at a time, in close coordination with DCYF and communicating their experiences so that we may learn from each encounter and adjust implementation. We may proceed one program at a time, so that each program learns from the prior program's test. Implementation of the process virtually may slow down the process considerably.
- *Programs may earn \$750 when one parent educator completes the training and, coordinating with DCYF, uses the tool with 5 families and shares learnings. Programs may earn up to \$1500 here (e.g. 2 parent educators get training, use the tools with 5 families each, and participate in the feedback process). The specifics of each stage are yet to be developed.*

- *There is a PICCOLO training series set up for November 20-December 18; anyone who completes that training could be involved in piloting between January and April. We will seek to hold additional trainings when the developer is available early next year.*
- *We are exploring HFPI training and implementation with the developer now, with the hope of offering a training early in the year (January or February) to allow pilot testing between February and May.*

V. Meeting Process Reflections

- *Participants appreciate the opportunity to continue to reflect on these topics, and are open to a much slower approach. As a result, we will likely hold off on meeting in December, with the next meeting of the work group in January.*

PAT Precision Home Visiting Concepts → Performance Based Contract Outcomes/Measures

