

HVSA PAT PBC Working Group Notes -- Thursday, September 10, 2020

Meeting Objectives:

- Hear updates on the home visitor and parent/caregiver engagement work
- Gain familiarity with the basic elements of the Healthy Families Parenting Inventory and the PICCOLO
- Provide input on the crosswalk of these 2 tools with elements of PAT and set the stage for a deeper conversation in October on measurement

Participants:

- PAT Leaders: Nancy Donato, Leo Gaeta, Cynthia Grayson, Cinthia Gutierrez, Kristi Jewel, Nita Lynn, Samantha Masters, Elizabeth Morgan, Elizabeth Moore, Eowyn Orleck, Aurora Pena Torres, Elizabeth Morgan, Marisol Quezada, Katie Stover, Alacia Thornton, Dianne Trevino, Katie Turgeon, Nikki Weldon, Kristen Williams, Rynne Zielinski
 - State team: Laura Alfani, Izumi Chihara, Jage Curl, Courtney Jiles, Cassie Morley, Kathy Tan, Rene Toolson, Ivon Urquilla, Marissa Williams
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I. Introduction and Check-In

- Assessment tools that participants find most useful in their work with families: Most indicated the ASQ was valuable because it offers opportunity to talk with their families about the child's development and helping parents understand more about their child's development; it also offers material for educators to build their lessons around. One noted the PHQ-9, and one indicated she liked their satisfaction survey to gain insights on how they did as a program during the year.

II. Purpose and Parameters for Today's Meeting

- The intent of the days meeting focus on measurement is to offer content information to participants on the PICCOLO and HFPI, so much information was presented to help prepare for a deeper discussion of these tools alongside implementation considerations at the October 8th meeting. We were also going to provide a brief update on home visitor and stakeholder engagement.

III. Update on Stakeholder Engagement:

- Home Visitor Engagement
Rene has set up times with several PAT teams as well as **5 focus group opportunities** in October. We'll use these as the framework to develop a survey as well for those home visitors who choose not to participate in focus groups. The focus groups are as follows (please have home visitors RSVP which group they'll be attending to home.visiting@dcyf.wa.gov):
 - Tuesday **October 6** 1-3 pm
<https://dcyf.zoom.us/j/94361069879?pwd=QngxVCtGWlVlNzJtdTZCU3NXT2JPUT09>
Meeting ID: 943 6106 9879 Passcode: 8BRXS2
 - Thursday **October 8** 10am – noon
<https://dcyf.zoom.us/j/99494016070?pwd=MWpzd0JHT1EvOVNXUmVVRTFlOQzNSUT09>
Meeting ID: 994 9401 6070 Passcode: 4x^4.h

- Friday **Oct 16** 10am – noon
<https://dcyf.zoom.us/j/99594755790?pwd=eHdESEQ0d1dQUm1DSFZyemM1K09ldz09>
 Meeting ID: 995 9475 5790 Passcode: \$?R4bx
 - Wednesday **October 21** 1:30-3:30 pm
<https://dcyf.zoom.us/j/98957697310?pwd=WkVmNDEvN3NQRYtybldRRk9Yb1pxUT09>
 Meeting ID: 989 5769 7310 Passcode: 5A%Tkf
 - Thursday **October 29** 2:30-4:40 pm
<https://dcyf.zoom.us/j/94591339037?pwd=OGU2SIFBbFFTMjNIUEpUM1AyWCtMUT09>
 Meeting ID: 945 9133 9037 Passcode: 1U0V4s
- **Caregiver Engagement**
Based in the input from the last meeting, we are seeking more input from home visitors on how best to engage families as part of the team discussions; we are leaning towards implementing a parent survey, but still working out how to implement and how to offer incentives for completion. As plans get finalized, they will be shared at the October meeting, with the expectation that this work will start late October.

IV. Measurement: PICCOLO and HFPI

- *The intent of the days meeting focus on measurement is to offer content information to participants on the PICCOLO and HFPI, so much information was presented to help prepare for a deeper discussion of these tools alongside implementation considerations at the October 8th meeting. There was also a reminder that we are applying the Precision Home Visiting Paradigm to this work because the specificity of this approach we hope will yield us with a measurable, achievable, and reasonable outcome that resonates with families and home visitors. We based the conversation on the drafting of active ingredients that occurred in the winter in conversation with PAT National, Cassie, the Home Visiting Applied Research Collaborative, and a smaller group of PAT leaders. Active ingredients are those essential elements of the PAT work that drive outcomes; it is important to recognize that there are other crucial elements that are necessary for the intervention elements to work, but these elements are not the drivers of change. The 4 active ingredients we identified are:*
 - *Development centered parenting*
 - *Normalizing that parenting is challenging*
 - *Working alliance between home visitor and caregiver*
 - *Communicating/Reflective communication (RUN)*
- *Review of the Piccolo: The PICCOLO is a 29-item Observation based Parent Child Interaction measure that was designed to examine change in 4 subdomains. The PICCOLO was developed to address the need for a parent child interaction observation scale that could be used by home visitors easily, was relevant to their work in promoting responsive parenting, and was both valid and reliable. Currently the PICCOLO is recognized as a MIECHV tool for measuring parent-child interaction. The Piccolo has 4 subscales:*
 - *Affection*
 - *Encouragement*
 - *Responsiveness*
 - *Teaching*

Summary of comments and questions:

- *The tool has some similar elements with the NCAST and the HOME.*
- *Training will be important.*
- *Must be mindful to tailor to families' experiences and culture, e.g. expression of affection.*

- Questions about the appropriate age range for usage (the web site says it may be used with children aged 9 months or older, but the developer said that it could be effective for younger as well).
- Review of the Healthy Families Parenting Inventory (HFPI): The HFPI is 63-item outcome measure that was designed to examine change in nine parenting-related domains. The HFPI was developed to respond to the need for an outcome measure for home visitation programs that is relevant to the intervention, sensitive to change, and appropriate with a diverse participant base, and would produce data that are immediately useful in practice. Currently the HFPI is not recognized as a MIECHV tool for measuring parent-child interaction. The HFPI has 9 subscales; the notes present the group comments on each subscale, when present:
 - Social Support
 - Personal Care
 - Parent Child Interaction
 - Problem Solving
 - Mobilizing Resources
 - Home Environment
 - Depression
 - Role Satisfaction
 - Parenting Efficacy

Summary of comments and questions:

- Availability of the tools in languages other than English (Spanish)
- Need to explain scoring and numbers very clearly to our Hispanic families as these can often be confusing, especially with reverse scoring.
- Comparison between the HFPI and the PICCOLO and HFPI in their sensitivity and measuring change over time?
- Did measurement of the validity of the tools take into account the length of the relationship between the administrator of the tool and the family?
- Appreciation for self-report of the HFPI – because it may take the home visitor bias out of the score, and it is useful during the pandemic or when visits cannot be in person
- Relating to the Depression Subscale-concern that many of the statements are situational, dependent upon recent events and relationships – not related to the PAT intervention.
- Relating to the Role Satisfaction Subscale - Interest in having the staff self-administer the tool to explore the experience to see how it feels for the parent to do it, and to explore whether it provides the opportunity to build resilience/self-efficacy or be discouraging.
- Relationship between role satisfaction and parental efficacy, as well as normalizing negative feelings. Some concern about how the elements are negatively framed and the impact with parents struggling with maltreatment and emotional attachment.

What do meeting participants like/dislike about HFPI or PICCOLO?

- Questions about if these tools would replace other required assessments, e.g. PHQ-9, HOME. It might be difficult to get buy-in from home visitors to add another tool if we select the HFPI. Wonder about the likelihood of HFPI becoming a HRSA/MIECHV-approved tool? Would we select only subscales to implement?
- The Piccolo would promote the importance of the way parents are with their children and thus a child's sense of self and social and emotional well-being.
- The HFPI allows parents to express their own feelings, avoids the bias of the home visitor (especially those who are not parents). Role satisfaction may be useful.
- It makes sense to try both.
- Remote versus in person training for either? (yes)

Participants views on the domains that align most closely with the PAT work:

- *PICCOLO: All (2)*
Responsiveness (3)
Encouragement
Teaching (2)
- *HFPI: All (3)*
PCI (3)
Parenting efficacy
Role Satisfaction
Mobilizing resources (2)
Social support
Home environment

The HFPI gets more in depth with the families and helps build relationships; it is useful outside of PBC to see what families are getting out of the program and how they rate these areas. Can the HFPI replace the HOME and the LSP (seems like they cover the same areas)? All of the subscales relate to our objectives in working with families.

- *Equity:*
Like all tools of this nature, the Piccolo and HFPI are susceptible to bias: Tools were developed by individuals who themselves may have an implicit bias, so we will need to monitor implementation for potential inequities. Scoring is subjective through the eyes of the observer, even with training, so it will be important to continue to explore issues of implicit bias and how to counteract. In addition, the planned activities may not be equitable or even relevant for all families, as is also possible with goal setting.
- *Gathering reflections and team input:*
Meeting participants were asked to reflect on the materials presented and possibly even share with their home visitor teams, sharing thoughts on the following questions in writing and/or at the October 8th meeting:
 - *Which domains of each tool align most closely with your work with families? (domains listed on slides 17 and 25). Rate the alignment from 1 (low) to 5 (high).*
 - *When thinking about your work associated with parent child interaction OR caregiver well-being, are there any PAT elements/active ingredients missing in the discussion/mapping of each tool domain (slides 18-21 and 26-34)?*
 - *Based on the information presented, what do you like and dislike about each tool?*
 - *Based on the information presented, what equity or other considerations arise for you?*
- *At the October 8th meeting, we will review and discuss all the considerations for measurement and update the group on engagement activities and plans.*

V. Reflection/Takeaways

- *Appreciation for learning more about the tools.*
- *Desire for breakout groups to allow for more discussion, with distribution of more and less vocal folks.*