**Contracted Program:**

**DCYF Child Welfare Contracted Evidence-Based Programs**

**Age of Child**

- **Baby:** Birth to 18 mos
- **Toddler:** 19-24 mos
- **Preschool:** 2-4 yrs
- **School Age:** 5-12 yrs

**Location of Service**

- **In-home** (except as required for alternate location)
- **In-home (except for pre-approval)**

**Program:**

- **Referrals**
- **Services**

**Standard Length of Service**

- **10-14 weekly visits**
- **60-90 minutes each**
- **Approximately 12-15 sessions**
- **Based on parent’s progress**
- **Placement stabilization in weekly sessions**
- **Practice new skills learned over 3-4 month**
- **10-14 weekly sessions**
- **50-90 minutes each**
- **Placement prevention**

**FAR Compatible**

- Yes, for Baby and Toddler if started early

**Concrete Funds**

- **$200 total per case w/ prior written approval from SW $30 of that may be used for engagement without pre-approval**

**Appropriate Referrals**

- **Placement prevention Reunification**
- **Placement prevention Placement stabilization**

**Uninappropriate Referrals**

- **Not FOR**
- **Families requiring 24/7 availability of provider**
- **Parent is not engaged in regular visits with their child**
- **Parent with severe untreated mental illness (i.e. Schizophrenia, active psychosis, severe untreated Bipolar Disorder)**
- **Active parent substance abuse without treatment** (in case by case basis depending on the parent’s ability to participate and commit to the service)

**Location of Service**

- **Baby: 8-11 weeks**
- **Toddler: 12-17 weeks**
- **Preschool: 18-21 weeks**

- **Parents who have irregular work schedules or those with a specified time in the classroom**
- **Parents with children that include younger siblings**
- **Children that are kinship care or adoptive family**

**Placement prevention**

- **Placement prevention**
- **Placement stabilization**

**Concurrent Services**

- **Placement stabilization with parent, foster parent, kinship placement or adoptive family**

**Non-FAR Compatible**

- Yes, for Baby and Toddler if started early

**Placement prevention Reunification**

- **Placement prevention**
- **Placement stabilization**

**Inappropriate Referrals**

- **Not FOR**
- **Families requiring 24/7 availability of provider**
- **Parent is not engaged in regular visits with their child**
- **Parent with severe untreated mental illness (i.e. Schizophrenia, active psychosis, severe untreated Bipolar Disorder)**
- **Active parent substance abuse without treatment** (in case by case basis depending on the parent’s ability to participate and commit to the service)

**Placement prevention Reunification**

- **Placement prevention**
- **Placement stabilization**

**Concurrent Services**

- **Placement stabilization with parent, foster parent, kinship placement or adoptive family**

**Non-FAR Compatible**

- Yes, for Baby and Toddler if started early

**Placement prevention Reunification**

- **Placement prevention**
- **Placement stabilization**

**Inappropriate Referrals**

- **Not FOR**
- **Families requiring 24/7 availability of provider**
- **Parent is not engaged in regular visits with their child**
- **Parent with severe untreated mental illness (i.e. Schizophrenia, active psychosis, severe untreated Bipolar Disorder)**
- **Active parent substance abuse without treatment** (in case by case basis depending on the parent’s ability to participate and commit to the service)

**Placement prevention Reunification**

- **Placement prevention**
- **Placement stabilization**

**Inappropriate Referrals**

- **Not FOR**
- **Families requiring 24/7 availability of provider**
- **Parent is not engaged in regular visits with their child**
- **Parent with severe untreated mental illness (i.e. Schizophrenia, active psychosis, severe untreated Bipolar Disorder)**
- **Active parent substance abuse without treatment** (in case by case basis depending on the parent’s ability to participate and commit to the service)

**Placement prevention Reunification**

- **Placement prevention**
- **Placement stabilization**

**Inappropriate Referrals**

- **Not FOR**
- **Families requiring 24/7 availability of provider**
- **Parent is not engaged in regular visits with their child**
- **Parent with severe untreated mental illness (i.e. Schizophrenia, active psychosis, severe untreated Bipolar Disorder)**
- **Active parent substance abuse without treatment** (in case by case basis depending on the parent’s ability to participate and commit to the service)

**Placement prevention Reunification**

- **Placement prevention**
- **Placement stabilization**

**Inappropriate Referrals**

- **Not FOR**
- **Families requiring 24/7 availability of provider**
- **Parent is not engaged in regular visits with their child**
- **Parent with severe untreated mental illness (i.e. Schizophrenia, active psychosis, severe untreated Bipolar Disorder)**
- **Active parent substance abuse without treatment** (in case by case basis depending on the parent’s ability to participate and commit to the service)

**Placement prevention Reunification**

- **Placement prevention**
- **Placement stabilization**

**Inappropriate Referrals**

- **Not FOR**
- **Families requiring 24/7 availability of provider**
- **Parent is not engaged in regular visits with their child**
- **Parent with severe untreated mental illness (i.e. Schizophrenia, active psychosis, severe untreated Bipolar Disorder)**
- **Active parent substance abuse without treatment** (in case by case basis depending on the parent’s ability to participate and commit to the service)

**Placement prevention Reunification**

- **Placement prevention**
- **Placement stabilization**

**Inappropriate Referrals**

- **Not FOR**
- **Families requiring 24/7 availability of provider**
- **Parent is not engaged in regular visits with their child**
- **Parent with severe untreated mental illness (i.e. Schizophrenia, active psychosis, severe untreated Bipolar Disorder)**
- **Active parent substance abuse without treatment** (in case by case basis depending on the parent’s ability to participate and commit to the service)

**Placement prevention Reunification**

- **Placement prevention**
- **Placement stabilization**

**Inappropriate Referrals**

- **Not FOR**
- **Families requiring 24/7 availability of provider**
- **Parent is not engaged in regular visits with their child**
- **Parent with severe untreated mental illness (i.e. Schizophrenia, active psychosis, severe untreated Bipolar Disorder)**
- **Active parent substance abuse without treatment** (in case by case basis depending on the parent’s ability to participate and commit to the service)

**Placement prevention Reunification**

- **Placement prevention**
- **Placement stabilization**

**Inappropriate Referrals**

- **Not FOR**
- **Families requiring 24/7 availability of provider**
- **Parent is not engaged in regular visits with their child**
- **Parent with severe untreated mental illness (i.e. Schizophrenia, active psychosis, severe untreated Bipolar Disorder)**
- **Active parent substance abuse without treatment** (in case by case basis depending on the parent’s ability to participate and commit to the service)
Contracted Program: The Incredible Years

Service Delivery
- Service is provided either in a peer group setting or in-home.
- Model uses videos, written curriculum, role plays, homework, and self-evaluation.
- 1 weekly contact by provider outside class for group classes
- Levels build on each other.
- 1) Play: Promote Positive Parenting Relationships (use liberally)
- 2) Praise & Incentives: Build social competence
- 3) Effective Limits Setting: Increase cooperation
- 4) Ignore, Redirect, Distract: (use selectively)

Service methods:
- Selective observation, verbal Feedback, supporting verbal capacity, and sharing information

Core FPR Content:
1) Developing trust, promoting security
2) Parent/Child Interaction (depending on age of child)
3) Home Safety
4) Behavior Change:
5) Generalization:
6) SEEING the world through the child's viewpoint and building parental empathy
7) Calming strategies for parents to regulate their own emotions and behaviors
8) Promoting a mutually enjoyable relationship between child and caregiver

Model uses a Parent Handbook with scripted sessions
- Parent must complete one module before moving to another.
- Skill coaching through observation, self-assessment and feedback, homework, and role plays.
- Sessions are often recorded by the provider (audio) to demonstrate ongoing provider fidelity to this EBP.

- Modules (average of 6 sessions per module)
- Health
- Parent/Infant Interaction or Parent/Child Interaction (depending on age of child)
- Home Safety

Therapists use live coaching with parents during interactions with their child to teach new parenting skills. Use of a small speaker in the parent's ear where the therapist is coaching the parent by the microphone from behind a one-way mirror during their interaction with the therapist. Delivery can also be done by whispering into the parent's ear.

Two Phases:
1) Child directed interaction
- Parent learns to praise positive behaviors and interact positively with the child while starting to decrease the child's behavior.
2) Parent Directed interaction
- Parent learns specific and effective parenting skills to manage child's behavior, use clear and direct commands, and use consistent consequences for compliant and non-compliant behavior.

The Incredible Years (IY) Parenting Relationships and Parent-Child Interaction (PFR) Core Content:

- Develop social competence
- Decrease aggression
- Behavior change
- Generalization

IY core principles:
1) Ensuring a safe, interesting environment
2) Creating a positive learning environment
3) Using positive discipline
4) Having realistic expectations
5) Taking care of oneself as a parent

Clinical Services
- Cross-intervention counseling
- Cognitive-behavioral therapy
- Case management
- Parent education
- Life Skills

Concrete Assistance
- Financial
- Utilities
- Basic clothing
- Food

Developer Site
www.incredibleyears.com

DCYF Child Welfare Programs | June 2022