

# Non-Traditional/Modified Services in ECEAP During COVID-19

In Washington State, ECEAP contractors began immediately implementing modified services for enrolled families who were able or needed to stay home with their children when state-funded Pre-K classroom services closed due to COVID -19.

When classrooms closed or daily participation significantly dropped, contractors responded by immediately implementing essential supports for families experiencing complex challenges. As these modified services grew for ECEAP families, DCYF ECEAP began to see some commonalities from contractor to contractor. This document is an initial collection of the vital services and supports ECEAP sites are providing in the areas of Education, Family Support and Partnerships, Health, Food and Nutrition and Professional Development. This ensures services continue for ECEAP children and families furthest from opportunity across the state during this unprecedented time.

This document is a high-level overview of services currently being provided in communities. More specific details for each topic area can be found on the DCYF ECEAP Education and Family Support Basecamps.

For more information around how to sign up to participate in these vibrant learning communities, email [eceap@dcyf.wa.gov](mailto:eceap@dcyf.wa.gov). As the DCYF ECEAP team identifies outstanding resources from the field, this document will be updated to reflect this.

## Education

<b>Sending information and materials home to families on multiple topics</b>	<ul style="list-style-type: none"><li>• Developmentally appropriate and safe education sites</li><li>• Books and activities centered around curriculum sent home, some via:<ul style="list-style-type: none"><li>○ Front porch delivery</li><li>○ Take home backpacks</li></ul></li><li>• STEM bags<ul style="list-style-type: none"><li>○ <b>Tulalip ECEAP STEM Activity Marshmallow and Toothpicks</b></li><li>○ <b>Summer ECEAP Counting Buttons in Spanish</b></li></ul></li><li>• Video libraries sent virtually or added to social media pages</li><li>• YouTube book readings and activities<ul style="list-style-type: none"><li>○ <b>What a Wonderful World, with sign language</b></li><li>○ <b>Germs are Not For Sharing</b></li><li>○ <b>Wings of Change</b></li><li>○ <b>The Very Hungry Caterpillar</b></li><li>○ <b>Drawing and Writing Your Own Story</b></li><li>○ <b>Sorting and Graphing</b></li></ul></li><li>• Updated kindergarten registration information</li><li>• Teaching Strategies<ul style="list-style-type: none"><li>○ Utilizing TSG family tab Resource Library and Family Portal</li><li>○ Promoting Family Connections vis TS GOLD</li><li>○ Use Intentional Teaching Cards to design activities to send home</li><li>○ Utilizing TS Facebook Page and TS Classroom Connect resources to help engage families</li></ul></li><li>• Name boards sent home for children to practice writing their name</li><li>• Homemade sensory activities and recipes, such as playdough</li></ul>
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	<ul style="list-style-type: none"> <li>• Handwritten notes, postcards or individual emails from teachers</li> <li>• How to talk with children about COVID-19 <ul style="list-style-type: none"> <li>○ To help children learn to wear masks, this story around <b>putting masks on my toys</b></li> <li>○ To help children understand why people are wearing masks and to increase their comfort around it, this story about <b>seeing people wearing masks</b></li> <li>○ To explain what social distancing is and where it is appropriate, here is this story called <b>what is social distancing?</b></li> </ul> </li> <li>• Virtual newsletters</li> <li>• Send notebooks home for parents to document observations of activities done with children</li> <li>• Social emotional activities from curriculum sent home weekly with key information for families to share with children</li> <li>• Social Stories and videos for children <ul style="list-style-type: none"> <li>○ <b>We Need to Stay Healthy</b></li> <li>○ <b>Social Distancing</b></li> <li>○ <b>Different But Equal</b></li> </ul> </li> <li>• Teachers are available by email from 8a-3p</li> <li>• Photo Walk sharing virtually with friends</li> <li>• Resources for enjoying close family time embracing the family unit</li> <li>• Preschool Book Exchange</li> <li>• Increased outdoor classroom and home activities</li> <li>• Music lessons and sessions</li> <li>• Parents send photos of activities at home, to share with teachers/class <ul style="list-style-type: none"> <li>○ <b>Learning from Home</b></li> </ul> </li> <li>• Variety of ways to connect with families: phone calls, email, regular mail, phone apps, web platforms, Zoom meetings, social media, TSG, porch drops.</li> <li>• Laminated materials so they can be used in different ways over time</li> </ul>
<p><b>Lessons and connections via virtual platforms</b></p>	<ul style="list-style-type: none"> <li>• Opportunities in families’ home languages, such as: <ul style="list-style-type: none"> <li>○ <b>Ready Rosie/Teaching Strategies – Healthy Home (in Spanish)</b></li> </ul> </li> <li>• Second Step or other social/emotional lessons provided virtually</li> <li>• Circle Time Magazine</li> <li>• Mental health consultations</li> <li>• Virtual parent/teacher check ins and conferences <ul style="list-style-type: none"> <li>○ Asking for observations of children</li> </ul> </li> <li>• Child goal setting with families</li> <li>• Child to child connection <ul style="list-style-type: none"> <li>○ Drawing pictures back and forth</li> <li>○ Zoom videos such as: <b><a href="https://drive.google.com/drive/folders/1XaFFJmf-qwHVVukwOT1aJZPze-tZNU9Z">https://drive.google.com/drive/folders/1XaFFJmf-qwHVVukwOT1aJZPze-tZNU9Z</a></b></li> </ul> </li> <li>• Platforms and sites:</li> <li>• Connecting with or emailing families around class/education materials: <ul style="list-style-type: none"> <li>○ <b>Remind</b></li> </ul> </li> </ul>



- **Class Dojo**
- **Mailchimp**
- **Google Classroom**
- **Education sites:**
  - **Learning Genie**
  - **Imagine Learning**
  - **Kid Vision Virtual Field Trips**
  - **Class Tag**
  - **Vroom**
  - **Zeno Math**
  - **Ready Rosie**
  - **DREME**
  - **Learning Trajectories**
  - **PBS Kids**
- **Parents upload videos and photos to TSG for documentation**
- **Parent workshops**
  - **Math Matters**
  - **Literacy Matters**
  - **You Can Make a Difference**
- **Conscious Discipline videos posted to online platform**
- **Tribal language Lessons**
  - **Read along with Ms. Lois “Who is Dog’s friend?”**
  - **Verbs with Thomas**
  - **Verbs with Miss Oceana**
  - **Colors, shapes and songs**
  - **Learn or refresh on verb words with Lois**
  - **Songs and verbs with Thomas**
  - **Miss Celum and Verbs**
  - **Oceana with Shapes, Colors, and Numbers**
  - **Lois talks about Shapes, Colors and Numbers**
  - **Shapes, colors, and counting in Lushootseed with Shelbi and Carymichael**
  - **Lushootseed songs**
  - **Lushootseed stories**
    - **Basket Lady’s Swing**
    - **sčətxʷəd ʔi tiʔiʔ kʷəčəldiʔ –Bear and Rabbit**
    - **təʔigʷs– Rock Cod**
    - **Mink and Tetyika**
    - **təkʷtəkʷəlus sʔadəyʔ ʔi tsi skʷətʔ**
    - **kaʔkaʔ ʔi tsi sqibkʷ Crow and Octopus**
    - **Everyday I take a bath**
    - **bəščad – Lady Louise**
    - **Her First Basket**
    - **Bear and Ant**
- **Speech Therapist Page with videos**
- **Daily “Share and Show”**



	<ul style="list-style-type: none"> <li>• Teacher from Bellevue SD created YouTube channel to read books to children. Find her channel <b>here</b>.</li> <li>• Tiny Tots created its own distance learning <b>website</b>. It includes videos of teachers singing a welcome song, teachers singing a very catchy teacher-written song about handwashing, and many educational resources for families.</li> <li>• Teachers from Opportunity Council – Birches site created videos that demonstrate the learning that has and is happening during the pandemic. In <b>Part 1</b> and <b>Part 2</b> teachers share how they are ensuring that learning is happening during remote services.</li> </ul>
<b>Resource pages (public) for families to access</b>	<ul style="list-style-type: none"> <li>• Weekly lesson plan and theme suggestions posted for families</li> <li>• <b>Executive function resources</b></li> <li>• <b>A Guide to COVID-19 and Early Childhood Development</b></li> <li>• OSPI and School District webpage guidance on preschool instructional resources</li> <li>• <b>Scholastic</b> and <b>Lakeshore</b> activities and resources</li> <li>• <b>Public online learning platform</b> for preschoolers and their families created by Bellevue School District’s ECEAP program.</li> <li>• Disabilities/Special Education resources</li> <li>• <b>WA State Association (WSA) of Head Start and ECEAP</b></li> <li>• <b>Head Start Early Childhood Learning and Knowledge Center (ECLKC)</b></li> <li>• Trauma Informed Care resources</li> </ul>
<b>Free items</b>	<ul style="list-style-type: none"> <li>• Books going home with grab and go meals</li> <li>• <b>Page Ahead</b> books home</li> <li>• Teacher Made Tribal Traditional clothing and moccasins</li> </ul>
<b>Other</b>	<ul style="list-style-type: none"> <li>• Contact with SD regarding children referred for evaluation</li> </ul>

## Family Support and Partnerships

<b>Sharing information, connecting and sending materials home to families on multiple topics</b>	<ul style="list-style-type: none"> <li>• Connecting <ul style="list-style-type: none"> <li>○ Zoom presentations of family workshops</li> <li>○ Virtual home visits</li> <li>○ Virtual Platforms to Engage Families <ul style="list-style-type: none"> <li>▪ WhatsApp</li> <li>▪ <b>Google Duo</b></li> <li>▪ <b>JusTalk</b></li> <li>▪ <b>Signal Private Messenger</b></li> <li>▪ <b>Skype</b></li> <li>▪ <b>Snapchat</b></li> <li>▪ <b>Tango</b></li> <li>▪ <b>Viber</b></li> <li>▪ <b>Facebook Messenger</b></li> </ul> </li> <li>○ Ready Rosie <ul style="list-style-type: none"> <li>▪ Parenting education videos</li> <li>▪ <b>Healthy at Home Toolkit</b></li> </ul> </li> <li>○ Private social media group to facilitate ongoing parent education and resource sharing</li> </ul> </li> </ul>
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	<ul style="list-style-type: none"> <li>▪ Facebook</li> <li>○ Policy Council voting via email on time-sensitive items</li> <li>○ Online parenting classes</li> <li>○ Virtual Parent meetings and education events <ul style="list-style-type: none"> <li>▪ Relationships Matter</li> <li>▪ Families as Partners</li> <li>▪ Families as Leaders</li> </ul> </li> <li>• COVID-specific <ul style="list-style-type: none"> <li>○ <b>Financial resources</b></li> <li>○ Cell phone and <b>internet resources</b></li> <li>○ Emergent <b>employment</b> and <b>unemployment</b> locations and resources</li> <li>○ DSHS updates and impacts on welfare services</li> <li>○ Free internet</li> <li>○ <b>Pandemic EBT Emergency School Meals Program</b></li> </ul> </li> <li>• <b>Local library</b> continuing services</li> <li>• Well-being <ul style="list-style-type: none"> <li>○ <b>Mental health</b></li> <li>○ <b>Crisis and stress management</b></li> <li>○ “Thinking of You” Treats for parents</li> </ul> </li> <li>• Wellness resources</li> <li>• Working with <b>homeless liaison</b> to support homeless families</li> <li>• Ensuring McKinney Vento families are getting their needs met</li> <li>• Support and resources related to domestic violence and child abuse prevention and response</li> <li>• Specific efforts to engage fathers</li> <li>• Staff at Opportunity Council created a video to share how they have worked with families through the pandemic. Check out their video <a href="#">here</a>.</li> </ul>
<b>Ordering supplies in bulk for families for pick up or porch drop off</b>	<ul style="list-style-type: none"> <li>• Diapers</li> <li>• Wipes</li> <li>• Soap</li> <li>• Thermometers</li> <li>• Baby food</li> <li>• Formula</li> </ul>
<b>Providing resources for families</b>	<ul style="list-style-type: none"> <li>• Laptops (mostly happening through school districts)</li> <li>• Gas</li> <li>• Cell phones</li> <li>• Grocery orders</li> </ul>
<b>Ongoing check ins</b>	<ul style="list-style-type: none"> <li>• Calls with families where personal phone numbers are not displayed <ul style="list-style-type: none"> <li>○ <b>One Call Now</b></li> <li>○ Elevate</li> </ul> </li> <li>• Video conferencing</li> <li>• Working on Mobility Mentoring® goals as appropriate</li> <li>• Virtual Mobility Mentoring® winter check-ins</li> <li>• Staff phone tree to rotate checking in on families</li> <li>• Family survey to determine additional needs</li> </ul>



<b>Gift cards and vouchers for household and family needs</b>	<ul style="list-style-type: none"> <li>• Amazon vouchers</li> <li>• Grocery vouchers</li> </ul>
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## Health

<b>Resources to families</b>	<ul style="list-style-type: none"> <li>• WA State DOH website, tribal departments of health and health centers, and resources</li> <li>• Clinic and dental clinic statuses for emergent health and dental needs</li> <li>• Relaxation activities</li> <li>• Nurses available to connect with families who have children with health plans</li> <li>• Working with providers for follow up and ongoing care for families</li> </ul>
<b>Resources for staff</b>	<ul style="list-style-type: none"> <li>• Collaborative PowerPoint created with nurse on how to build a high-quality, COVID-safe environment; available for staff to review.</li> </ul>
<b>Virtual activities</b>	<ul style="list-style-type: none"> <li>• Music and movement</li> <li>• Online physical activities for children and parents</li> <li>• Toothbrushing</li> <li>• Stay home fitness and exercise videos <ul style="list-style-type: none"> <li>○ <b>Chalk Obstacle Course</b></li> <li>○ <b>Cosmic Kids Yoga</b></li> </ul> </li> </ul>
<b>Other</b>	<ul style="list-style-type: none"> <li>• Connection to ensure health needs are being met, especially with high-demand medicines or products (like inhalers)</li> <li>• Weekly deep cleaning of facilities</li> <li>• HSAC parents available to assess health and nutrition needs</li> </ul>

## Food and Nutrition

<b>Meal or food voucher pick up and distribution</b>	<ul style="list-style-type: none"> <li>• Arranged pick up sites</li> <li>• Distributing via school buses</li> <li>• Gift cards to families</li> <li>• Porch drop offs</li> </ul>
<b>Partnering with community partners to provide food to families</b>	<ul style="list-style-type: none"> <li>• School Districts</li> <li>• Grocery stores</li> <li>• Food banks</li> <li>• Restaurant specific gift cards</li> </ul>
<b>Resources</b>	<ul style="list-style-type: none"> <li>• Low-budget, easy, simple family recipes</li> <li>• Amazon Fresh now available to SNAP families</li> <li>• Applying for No Kid Hungry Grant</li> <li>• Nutrition Coordinator</li> <li>• Health activities and information videos <ul style="list-style-type: none"> <li>○ <b>Pierce County Buckley ECEAP, Nutrition-My Plate</b></li> </ul> </li> </ul>
<b>Other</b>	<ul style="list-style-type: none"> <li>• Work with Health/Nutrition Coordinator on specific family needs of food and healthcare questions and concerns</li> <li>• Request and share family recipes and healthy family tips</li> <li>• Requested approval from CACFP re: creditable meals for pickup or delivery</li> <li>• Children’s favorite meals posted weekly</li> </ul>



	<ul style="list-style-type: none"> <li>• Addressing weekend food gap</li> </ul>
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## Professional Development

<b>Video series for teachers to explore</b>	<ul style="list-style-type: none"> <li>• Adult-child interactions</li> <li>• Higher-order thinking and language skills</li> <li>• STEM strategies</li> <li>• Teaching Strategies webinars on virtual teaching, child assessment, and family engagement strategies</li> <li>• Child and family mental health and well being</li> </ul>
<b>Staff check ins</b> <b>Virtual group meetings</b>	<ul style="list-style-type: none"> <li>• Check ins and meetings <ul style="list-style-type: none"> <li>○ Manager meetings</li> <li>○ One-on-ones with teacher and coach</li> <li>○ Virtual reflective practice</li> <li>○ Family Support Staff connecting with teaching staff</li> <li>○ Book club</li> </ul> </li> <li>• SharePoint for staff to share resources and ideas <ul style="list-style-type: none"> <li>○ Dual language learners</li> <li>○ Expansion and readiness</li> <li>○ Eligibility training</li> <li>○ Form reviews</li> <li>○ Family support</li> <li>○ TSG/conferences and lesson planning</li> </ul> </li> <li>• Professional Learning Communities <ul style="list-style-type: none"> <li>○ Online learning communities for all staff</li> <li>○ Lead teacher PLCs</li> <li>○ PLCs on documentation</li> </ul> </li> </ul>
<b>Virtual platforms</b>	<ul style="list-style-type: none"> <li>• Virtual platforms <ul style="list-style-type: none"> <li>○ Google Hangout</li> <li>○ Zoom</li> <li>○ Yammer</li> </ul> </li> <li>• Participation in DCYF Education or Family Support Basecamps</li> <li>• Weekly DCYF check-in meetings and training webinars for Education and <b>Family Support</b> staff</li> <li>• Coaching Companion</li> <li>• ContinuED: <a href="https://www.continued.com/early-childhood-education/">https://www.continued.com/early-childhood-education/</a></li> <li>• WSA check-in meetings for education and family services staff</li> </ul>
<b>Trainings</b>	<ul style="list-style-type: none"> <li>• Review of available recorded webinars from DCYF and other organizations (NAEYC, etc.)</li> <li>• Online DCYF ECEAP Recruitment, Eligibility and Enrollment training</li> <li>• Education and classroom-specific <ul style="list-style-type: none"> <li>○ Creative Curriculum online</li> <li>○ TSG for assistant teachers and new staff</li> <li>○ Child Care Basics</li> </ul> </li> <li>• HR trainings</li> <li>• STARS trainings</li> <li>• Lead Learn Excel</li> </ul>



	<ul style="list-style-type: none"> <li>• Right Response (with physical portion upon return to work)</li> <li>• Pyramid Model trainings</li> <li>• ESD Safe Schools training</li> <li>• Complete Positive Discipline trainings and hold virtual Q&amp;A with Family Support Coordinator</li> <li>• Completing Conscious Discipline</li> <li>• Completing Behavior University</li> <li>• NAEYC Courses</li> </ul>
<b>Other</b>	<ul style="list-style-type: none"> <li>• ELMS <ul style="list-style-type: none"> <li>○ ELMS monitoring</li> <li>○ Child and family file reviews</li> </ul> </li> <li>• Staff support <ul style="list-style-type: none"> <li>○ Survey for staff needs</li> <li>○ Staff focus time on own health, mental health and self-care</li> <li>○ Crisis management and self-care</li> <li>○ Staff support for MERIT</li> </ul> </li> <li>• Recruitment, Eligibility and Enrollment <ul style="list-style-type: none"> <li>○ Creating online recruitment efforts</li> <li>○ Reviewing and updating recruitment materials</li> <li>○ Sending recruitment information to families in community</li> </ul> </li> <li>• Self-assessments for internal use</li> <li>• 2020-21 calendar development</li> <li>• Early learning coalition activities</li> <li>• Planning purchasing for summer projects/next year</li> <li>• Maintain regular resources on social media</li> <li>• Autism coalition meetings</li> <li>• Deep cleaning of sites</li> <li>• Plan future family events</li> <li>• Explore resources and websites (Zero to Three, ECLKC, etc.)</li> </ul>

