

COMPARISON: HOME VISITING MODELS



The Home Visiting Services Account invests in and uses a portfolio approach to fund a range of models and programs, supporting HV that will meet the needs of diverse populations. The continuum of programs funded by the HVSA includes not only evidence-based practices but also research-based and promising practice models.

Model		Description
Child-Parent Psychotherapy	Promising practice	Support and strengthen the relationship between a child and caregiver as a vehicle for restoring the child's sense of safety, attachment, and appropriate affect and improving the child's cognitive, behavioral, and social functioning after a traumatic event
Early Head Start - Home Based	Evidence-based	Through home visits and group socialization activities, enhance the development of infants and toddlers while strengthening families, with a focus on child development and early childhood education; principles of child health, safety, and nutrition; adult learning principles; and family dynamics
Family Spirit	Evidence-based	Through the use of paraprofessionals from the community as home visitors and a culturally focused, strengths-based curriculum, support young parents from pregnancy to 3 years post-partum. Parents gain knowledge and skills to promote healthy development and positive lifestyles.
Nurse-Family Partnership	Evidence-based	Through a therapeutic relationship, promote a mother's abilities and behavior change to protect and promote her health and the well-being of her child, allocating time in each activity to address individualized goals and needs
Parents as Teachers	Evidence-based	Parent-child interaction using activity and book-sharing; development-centered parenting; family-centered assessment and goal-setting; resource network for family well-being; health, vision, hearing, developmental screenings
Parent-Child Home Program	Research-based	Through modeling, demonstrate and encourage parent-child interactions and literacy skills, focusing on building meaningful relationships with the families and supporting parents in their role as their children's first and most important teachers
Community Doula/ Partnering with Families for Early Learning	Promising practice	Offer information on health education and childhood development to enhance the parent-child relationship, maternal and child health, healthy birth outcomes and build children's language, literacy and social-emotional skills
Steps Toward Effective, Enjoyable Parenting	Promising practice	Build a secure attachment between parents and children by working alongside parents to help them understand their child's development, respond sensitively and predictably to their child's needs, identify and strengthen support networks for themselves and their child, reflect on their own relationship history and make decisions that ensure a safe and supportive environment for their child and the whole family