

Independent Living Program

Re-Design Overview and Rate Model Presentation

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Washington State Department of
CHILDREN, YOUTH & FAMILIES

Agenda

- Welcome and House Keeping
- Re-Design Project Overview
- Rate Model Presentation
- Next Steps



How the work came about...

Proviso Language from 2021 Legislative session required DCYF to:

- Strengthen the administration and competency of the IL program and direct IL services.
- Centralize Administration of the program
- Develop a framework for service delivery that includes best practices and is co-designed with adolescents, caregivers, providers, and stakeholders.
- Develop and launch a competitive RFP to solicit bidders to provide services under the new framework



Who was involved and How the information was gathered...

Who Participated

- DCYF Program Leads
- 12 IL Providers
- Passion 2 Action Youth and Advisory Board
- Caregivers
- Bio Parents
- Non-IL Service Providers
- Advocates
- Stakeholders
- Current Youth Experiencing Foster Care
- Former Youth who Experienced Foster Care
- Youth Residing in a JR Institution
- DCYF Field Operations Caseworkers, Supervisor, AA's
- Tribal Representatives

Outreach

- Individual Emails and List Serves
- Community partners
- Meetings and personal invites

Participation Opportunities

- Individual meetings
- 4 Town Halls
- Focus Groups
- Youth had options of focus groups, 1:1 meetings, interviews, check ins, and surveys
- Core Workgroup led by Co-Design PM
- IL Provider Meetings facilitated by SDM allowing providers to speak freely



Recent Work we have been doing...

- **Contracts**
 - Centralization of IL contracts to HQ
 - Prepare for pending Request For Applications:
 - Update and standardize
 - Conduct rate modeling to ensure cost of service is fully funded
 - Change payment process to a case rate



Service Overview = Program Requirements

Population served

- Program Eligibility

Service Elements

- Casey Life Skills Assessment
- Goals/Learning
- Within NYTD elements, provide
 - Advocacy
 - Skills Training
- Creates and maintain relationships with community partners for better youth services



Service Needs = Program Requirements

Federal NYTD Service Elements:

- Academic Support
- Budget and Financial Management
- Career Preparation
- Employment Programs & Vocational Training
- Family Support & Health Relationship Education
- Health Education & Risk Prevention
- Housing Education & Home Management Training
- Post Secondary Academic Support



Rate Model Elements

- Standard elements
 - Benefits
 - Overhead
- Case load
- Rate



Baseline Rate Building Assumptions

- Current DCYF standards
- Supporting staff well-being

TYPE OF BENEFITS	YEARLY - PER FTE
Personal Time Off – hours	120
Holiday -- hours	88
Trainings – hours	22.25
Health Insurance, Dental and Vision	\$4,200
Professional development	\$500



Baseline Rate Building Assumptions

- Current DCYF standards
- Supporting staff well-being

Operational	Rate	Context
Office Space rent - avg	\$29.62	100 sq. ft Per FTE - Avg cost
Utilities (phone, electric, Internet)	\$2.10	Per sq ft per month
Office supplies/Tech/furniture/Janitorial	\$53	Per FTE per month
Bookkeeping & Payroll	\$86	Per FTE per month
Insurance (property and liability) -	\$210	Per service delivery FTE per year
HR & Payroll	\$86	per FTE per month
Staff Equipment - Phones, Laptops, etc.	\$55	Per FTE per month
Cloud storage and related software	\$29	Per month cost
Cost of staff attendance training(Coverage)	1%	Per FTE per Year
Cost of Trainings (external trainings)	\$250	Per Person Per year
General Overhead - see notes	5%	See notes

ILS Rate Building Assumptions

Position	Ratio	Context
Supervisor	4	Staff to supervisor - NOTE enhanced for high allied service engagement
Program managers	6	Supervisors to PM
PBC/CQI Manager	0.05	0.05 FTE per Case Manager, same Salary as the Program Manager
Executive/Director	2.5	Program Manager to Exec
Administrative/data entry	10.0	1 Data entry for every 10 FTE



Case Load Data Background

- Using FamLink NYTD data –
 - How many youth are served each month
 - By each provider and their number of Case Manager FTEs
 - In some agencies, DCFY was able to organize data behind specific case managers

The NYTD data is a cross validated data and used within DCYF Federal reporting.

Rate Building Assumptions

Case Load standard

ILS Case Manager - Service types

Engagement	37
Service engaged - Dependent	35
Service engaged - Independent	33

- Caseload standard
- Current FamLink Data

Rate Model Costs Identified = What do we need

Individualized services based on youth need, supports and abilities

- Youth need different types of services depending on their unique situations.
 - Youth who are **dependent** and in foster care
 - Typically have support from many different areas
 - May not need as much guidance and support as other youth
 - Have a case worker who checks in on them monthly to provide support and guidance
 - Youth who are **not dependent=independent**
 - Have little to no professional supports in their life unless they are connected to a program, and they are engaged
 - Are typically trying to navigate their adulthood on their own
 - Tend to have more complex needs which requires more time from their IL worker



Modeled Rate*

ILS Case Manager - Service types	
	Per Month Per Case
Engagement	\$326
Service Active	
Dependent	\$345
Independent	\$366

	Per Event Cost
Skills training	
Per event - location cost	\$200
Food - Per youth per event	\$10
Skills materials Per Youth - one time	\$60
Travel	
Case Manager - milage	OFM Milage Reimbursement
Youth Support Funds – direct billable	\$TBD

* Comprehensive payment method

Questions



Next Steps

Next Meeting

- Catchment/Services Areas and Living Wage, October 24 from 3:00-4:00pm

RFA Timeline

- RFA to launch the week of November 27, 2024
- Applications due back the week of January 2, 2024
- Panel Reviews, January 9-20, 2024
- Notification of Awardees the week of January 29, 2024
- New contract starts April 1, 2024

Questions

Please submit all questions to
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