

IPEL Feedback on IECMCH

Infant and Early Childhood Mental Health Consultation

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What would it look like to develop an infant and early childhood mental health consultation system and response that centers on the needs of tribes, tribal children and tribal families?

training for teachers. is it enough money to meet the statewide need? need active involvement of the families in order to improve outcomes. teachers can only do so much, but must meet training needs of families for impact

if you include families, culture is a part of that

must understand the historical trauma and level of colonization that have impacted tribes and individual families

Objective documentation of observed behaviors, and documentation [as part of preparation program]

Individualized by tribes with tribes leading the hiring
- Tribes should be able to decide who is in that role.
- Is an advanced degree needed or are there other ways that someone be in that position?
It should not be developed as a blanket system, it is not a one size fits all for each tribe.

Reimagining the Educational Model

Breaking down the barrier that the education happens in the school. Supporting families to be a part of the learning model and the health and wellness as a family.

Family Collaboration & Partnership

Preparing people to work with families

Contracts vs. State Administered

Do we contract with tribes to leverage services that are already stood up in Tribes, to uphold the cultural expertise and implementation that may already be happening.

Looking at the Traditional teachings

Learning about the land with family and community.

What culture looks like back then, now, and what it will be. How to reconnect with our traditional teachings.

How did mental health occur through a Native lens? (Gathering of Wisdoms book)

Creating a system that is financially sustainable and that creates an environment for retention

Can CCDF and stimulus funding support this?

Tribal government tracking

Available outside of the standard 9-5 and can be responsive to families' time of need

Spending time to develop the relationships with families

anybody involved in this work should be well-versed in historical and contemporary traumas, tribal customs and best approaches.

understand decolonization priorities among indigenous communities, and operate from anti-racist, anti-white supremacist works

Professional Development for Teachers

Educators want PD opportunities. How do we support them? - This would mean coaching, modeling how to guide behavior in the classroom, 1:1 debrief [ex: know, see, do]

need for comprehensive services in EL, especially mental health. lack of coordination with local public school districts and ESDs

Who are the experts who should be part of developing that system?

experts are some tribes that have systems in place right now-- Port Gamble has MHC in place since early 2000s. Brazelton touchpoints. Lummi and Suquamish
Make sure tribal elders included.
Teachers who work with our youngest children and families.

Tribal Research Center--funded through OPRE Michelle Sarche

Yakama Nation Head Start

Yakama Nation Mental Health Supports and coordination with local school districts, and Children's Village.

Tribes who participate in OPRE

Tribal elders, cultural leaders

Educators - Head Start and school districts

Dr. George Vana--pediatric psychiatrist

invite any of the tribes that have home visiting to this process. There is so much thoughtful work and interweaving of teachings
home visiting curriculum has supported young families with raising their children that has been developed and nurtured prior to this work is important--Family Spirit is the curriculum used in tribal home visiting...

pediatricians, tribal leaders, children family services, early learning center, home visiting, parents - anybody who connects with the child

Traditional Healers

Traditional healers have great knowledge and understanding of culture, tradition, songs, language, even food.

Home visitors can provide direct resources upon their visits

OSPI, local districts and ESDs

tribal school leadership and teachers

Dr. Lakota Scott would be a great resource!
<https://www.lakotascott.com/>

What else would you like to share?

How will we make referrals and get people connected?

look at Tribal ECEAP Pathways to learn about what is already happening

What does IECMCH look like right now?

should be a whole-family support

Some places do not have the infrastructure and supports, even if others in community do.

what needs exist outside of Tribal ECEAP?

in the past, only nurses had access to IECMCH, and training was hard to access

thinking of supporting children as they move onto K-12 system

Training and Prep for Referrals

Help people know how to determine what referral is needed, help EL programs who are seeking support to know how to properly engage with community supports.

caution of pushing on to teachers the jobs of other professions--making the jobs that are needed for children (therapy, etc) is pushed onto teachers. don't want teacher to have to take on additional responsibilities

anybody who is not familiar with TIC should receive education on it.

when TIC professionals enter the tribe, there is a disconnect and lack of trust because some don't know what TIC is

can IECMCH make referrals? but know, many tribal programs are remote, there are no services available

how are we bridging the training gaps between parents and staff?

training should include both, together

Key transition points (across ages, schools, etc) - for families and community to support youth as they transition through key stages of their life. Ex: Head Start/ECEAP, Kinder, later elementary, middle school, etc.

The Tulalip Tribe has (had?) a great model for IECMH

all voices in before the idea is baked

thoughtful development of continuing education and certificates for professional development for native teachers and support staff

mental health starts in the womb
course through the center on indigenous midwifery
traditional things that your body knows but that we have become separated from
care for the child and self in the womb

What supports are available to help programs retain personnel? Rural communities should not have to go with telehealth to support their community members.

creating system or creating something but don't think as a layer, but think holistically--everything is connected.

Mind, body and spirit.

need community-based healing & learning

often as children are learning, parents are also learning

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