

Children's Administration Quality Assurance Requirements for Incredible Years Providers

Steps to become an Incredible Years Certified Group Leader or Home Coach:

1. Attend an accredited Incredible Years Workshop approved by the model developer and Children's Administration
2. Successfully complete Incredible Years Group Leader or Home Coach Certification
 - a. Complete 2 full parenting groups (18 sessions for preschool, 13-14 for toddler, and 8-10 session for baby)
 - b. Video tape **one** session during the first parenting group or home coach session and send to Incredible Years.
 - c. Receive feedback within 4-6 weeks
 - d. Video tape another session when ready and send in. Group leaders will need to send in at least one video from every 18 week Incredible Years series (or 14 for toddler and 10 for baby) until they are notified that their video has passed towards their certification. Most group leaders pass a certification review within 2-3 videos.
 - e. Attend at least one Incredible Years accredited consultation per year, if made available through Children's Administration
 - f. Once you have passed a video review, gather and completed all the paperwork needed to apply for certification. This information is available at www.incredibleyears.com.

Ongoing Fidelity Requirements:

1. Attend at least one accredited Incredible Years consultation per year, when made available by Children's Administration
 - a. Record yourself leading an Incredible Years parent group or home coach session and bring that recording to the consultation and you will have the opportunity too:
 - i. View/reflect on videos of group leaders/ home coaches working with child welfare involved families and giving feedback about that work to groups of 10-12 group leaders/ home coaches
 - ii. Discuss Incredible Years principles and applying to families on caseload; and

- iii. Discuss one's own successes and challenges with working with Incredible Years and child welfare involved families.
2. Group Leaders and Home coaches should meet regularly within their agency to support group leaders/ home coaches towards and after they have completed group leader/ home coach certification.
- a. Peer and self review are part of the process towards group leader/ home coach certification and it is important for certified group leaders/ home coaches in order to maintain fidelity in their work.
 - b. Group leaders/ home coaches are recommended to meet as a group within their agency (or could be intra-agency) at least once a month.
 - c. One group leader/ home coach prepares a video for this meeting, prints out the peer and self evaluation form from the Incredible Years website and completes the peer and self evaluation for the video everyone is viewing.
 - d. At least 2 to 2.5 hours should be set aside for this meeting.