



[wapave.org](http://wapave.org)

Partnerships for Action Voices for Empowerment

## Our mission

- PAVE provides support, training, information and resources to empower and give voice to individuals, youth and families impacted by disabilities.

## Our vision

- We envision an inclusive community that values the unique abilities, cultures, voices, contributions and potential of all individuals.

## Our values

- Collaborative Partnerships
- Compassionate Co-Conspirators
- Equity
- Opportunities and Choice
- Valuing Diversity and Inclusion

## What We Do

- Empower parents and caregivers with the skills to ensure their children receive an appropriate education and health care.
- Offer emotional support and information to families of children with special needs.
- Connect families with health care resources and support for children with special health care needs.
- Provide specialized training for military parents navigating the unique challenges of raising children with disabilities
- Provide vital support to family caregivers by offering information on various respite care options and financial assistance programs.

# PAVE is the Parent Center for Washington



**Empower parents and caregivers with the skills to ensure their children receive an appropriate education and health care.**

**Parent Training and Information (PTI)** helps Washingtonians support students with disabilities.

PTI does this by providing information, training, resources, and technical assistance to help family caregivers, students and professionals understand rights and responsibilities within education systems. Examples of technical assistance include guidance about how to seek an evaluation for special education services or how to organize concerns for a meeting with the school.

PTI empowers families with basic principles and vocabulary from federal and state disability laws to further understanding about how students access their right to a Free Appropriate Public Education (FAPE).

[www.wapave.org](http://www.wapave.org)



*Pierce County parent and family connection resources, DDA, services available, training, and events.*

1. **Coffee and Tea with P2P:** Meets online 1st and 3rd Friday of each month from 10 - 11 am PT
2. **Black/African American Family Support Group:** Meets online on the 2nd and 4th Saturday of each month from 10 - 11 am PT
3. **Spanish Speaking Family Support Group:** Meets online 3rd Tuesday of each month from 6:30 - 7:30 pm PT
4. **Awesome Autism Parent Family Support Group:** Meets online 2nd Wednesday of each month from 12 - 1 pm PT
5. **Parent to Parent Lunch and Learn:** Meets online 1st Thursday of each month from 12 - 1 pm PT
6. **Youth Advocacy Support Group:** Meets in person at University Place Library, last Friday of each month from 5 – 6 pm PT

[P2P Padlet](#)

To register: <https://www.tfaforms.com/5080337>



*Connect families with health care resources and support for children with special health care needs.*

The Family-to-Family Health Information Center (F2FHIC) is dedicated to assisting families of children and youth with special health care needs and the professionals who support them in securing healthcare funding.

- Navigating Complex Needs: Recognizes the chronic and complex challenges faced by parents and caregivers in financing their children's health care.
- Resource Provision: Offers advice, multiple resources, and access to a supportive network of families and professionals for support and information.
- Family Voices Collaboration: Works with Family Voices and the National Center for Family / Professional Partnerships to provide technical assistance and training.
- Building Partnerships: Creates connections with other Family-to-Family organizations for enhanced support and resource sharing.



*Provide specialized training for military parents navigating the unique challenges of raising children with disabilities*

STOMP's mission continues to be in service to military families by providing information and resources that empower military families to access services for their children with disabilities.

STOMP has been serving thousands of military families with children, offering both in-person workshops at various military installations and virtual workshops.

April is the Month of the  
Military Child



Go to [wapave.org](http://wapave.org) and type "STOMP workshops" in the search bar for information on upcoming workshops!



*Provide vital support to family caregivers by offering information on various respite care options and financial assistance programs.*

### **PAVE's Role:**

- Hosts Lifespan Respite Washington (LRW) in collaboration with Washington State's Department of Social and Health Services.
- Manages the Lifespan Respite Voucher program, aiding unpaid, unserved family caregivers statewide.

### **Lifespan Respite Voucher:**

**Voucher Purpose:** Lifespan Respite WA provides a financial voucher to unpaid caregivers for respite services.

**Voucher Services:** in-home services, recreation, camps, day services, educational classes, retreats, and 24-hour care.

**Voucher Value:** \$1,000 per household annually, prorated if caring for more than one person, and must be used within 90 days of issuance.

[lifespanrespitewa.org](http://lifespanrespitewa.org)

Applying for a Voucher:  
<https://www.tfaforms.com/4694142>

## Toolkits Ready for You!



[Where to Begin When A Student Needs Help](#)  
[Ages 3-5 Transition Toolkit](#)  
[Early Learning Toolkit](#)  
[School to Adulthood: Transition Planning Toolkit](#)  
[Behavioral Health Toolkit](#)



## Upcoming Events & Trainings

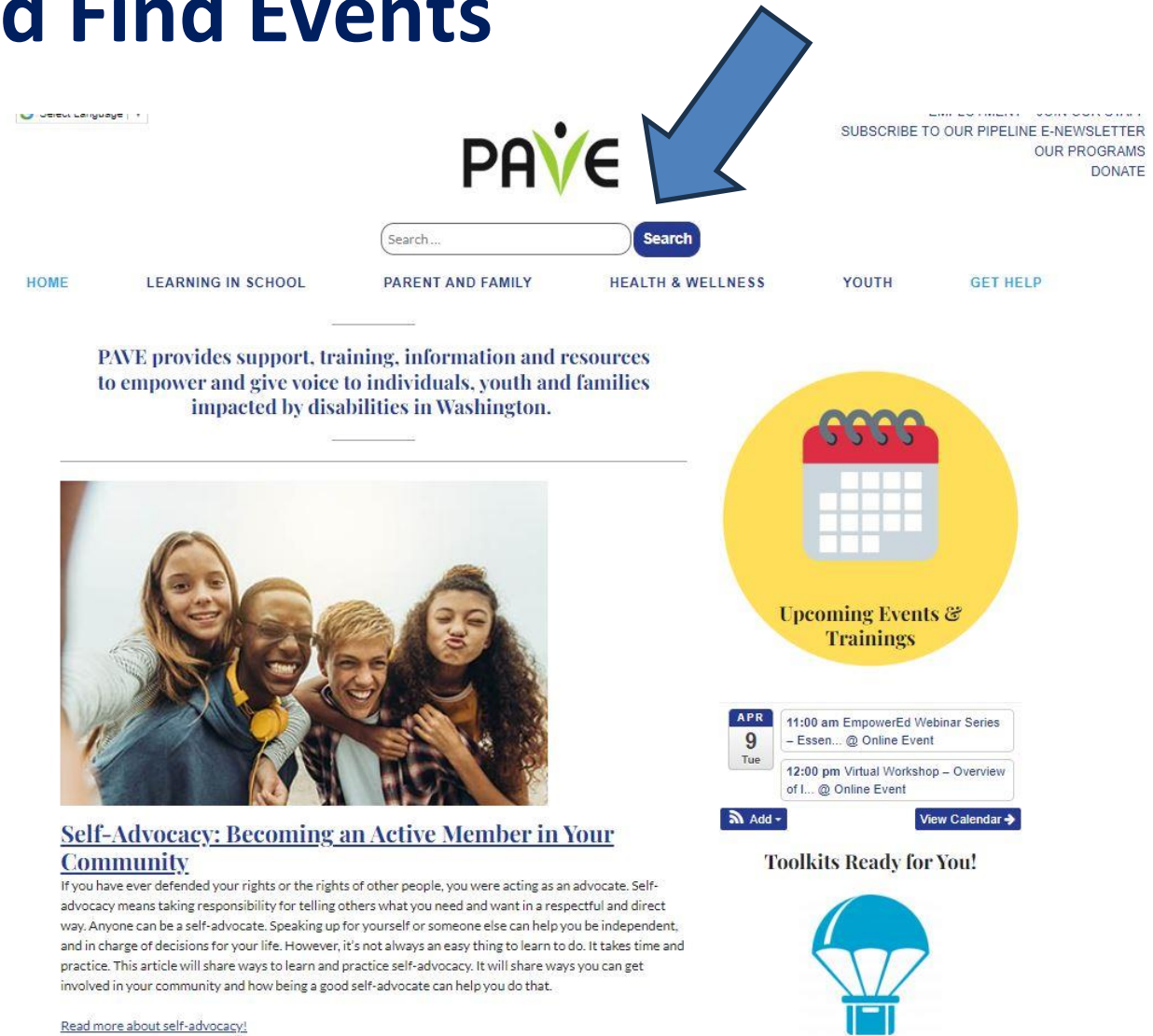
<b>APR</b>	<b>11:00 am</b> EmpowerEd Webinar Series – Essen... @ Online Event
<b>9</b> Tue	<b>12:00 pm</b> Virtual Workshop – Overview of I... @ Online Event

 Add  View Calendar 



# Search Article Topics and Find Events

- COVID
- IEP
- Child Find
- Down Syndrome
- Respite
- DDA
- Self Advocacy
- Healthcare
- Evaluation
- Bullying
- Behavior




The screenshot shows the PAVE website homepage. At the top right, there is a navigation menu with links for "SUBSCRIBE TO OUR PIPELINE E-NEWSLETTER", "OUR PROGRAMS", and "DONATE". Below this is a search bar with a "Search" button. The main navigation bar includes links for "HOME", "LEARNING IN SCHOOL", "PARENT AND FAMILY", "HEALTH & WELLNESS", "YOUTH", and "GET HELP". A central banner reads: "PAVE provides support, training, information and resources to empower and give voice to individuals, youth and families impacted by disabilities in Washington." Below the banner is a photo of four diverse young people smiling. To the right of the photo is a yellow circular icon with a calendar, labeled "Upcoming Events & Trainings". Below this is a calendar snippet for April 9th (Tuesday) showing two events: "11:00 am EmpowerEd Webinar Series - Essen... @ Online Event" and "12:00 pm Virtual Workshop - Overview of L... @ Online Event". There are "Add" and "View Calendar" buttons. Below the calendar is a section titled "Toolkits Ready for You!" with a blue parachute icon.

PAVE

Search... Search

HOME LEARNING IN SCHOOL PARENT AND FAMILY HEALTH & WELLNESS YOUTH GET HELP

PAVE provides support, training, information and resources to empower and give voice to individuals, youth and families impacted by disabilities in Washington.



**Self-Advocacy: Becoming an Active Member in Your Community**

If you have ever defended your rights or the rights of other people, you were acting as an advocate. Self-advocacy means taking responsibility for telling others what you need and want in a respectful and direct way. Anyone can be a self-advocate. Speaking up for yourself or someone else can help you be independent, and in charge of decisions for your life. However, it's not always an easy thing to learn to do. It takes time and practice. This article will share ways to learn and practice self-advocacy. It will share ways you can get involved in your community and how being a good self-advocate can help you do that.

[Read more about self-advocacy!](#)


APR 9 Tue

11:00 am EmpowerEd Webinar Series - Essen... @ Online Event

12:00 pm Virtual Workshop - Overview of L... @ Online Event

Add View Calendar

Toolkits Ready for You!





We Are Here To Help You

Helpful tips while you wait:

- Share the best phone number and time of day to reach you.
- Your request may generate referrals to more than one program of PAVE! This is to better serve you and your family's needs.
- Please check your email and voicemail if you have not heard from us.
- For emergency issues please call 911 and to protect vulnerable children and adults:
  - Child Protective Services [1-866-ENDHARM or 1-866-363-42760]
  - Adult Protective Services [1-877-734-6277]
  - Nationwide suicide & Crisis Lifeline [call or text 988]

Completing the help request:

All fields marked with an asterisk\* are required.

1. Choose your role
2. Fill out your information
3. Check the box that you are not a robot
4. Click submit and we have received your form!

Essential information is your name, a phone numbers and email address. What if you don't have all of three of those? Please call 1-800-572-7368 and follow the prompts to leave a message.

Help Request Form

Please fill out the information below:

Click your role below \*

Parent/Caregiver  Youth Self-Advocate  Adult Self-Advocate  Professional

It is the policy of PAVE to provide support, information, and training for families, professionals and interested others on a number of topics. In no way do these activities constitute providing legal advice. PAVE is not a legal firm or a legal services agency.

Phone interpretation available - Interpretación telefónica disponible - 電話通話サービスあり - Доступна телефонна интерпретация - 電話通話サービスあり - 電話通話サービスあり - 電話通話サービスあり - 電話通話サービスあり

Go To:

[WAPAVE.ORG/  
GET-HELP!](https://www.wapave.org/get-help)

Fill out an online request.

Or Call Toll Free: 800-572-7368  
(800-5PARENT)

# Find us on Facebook



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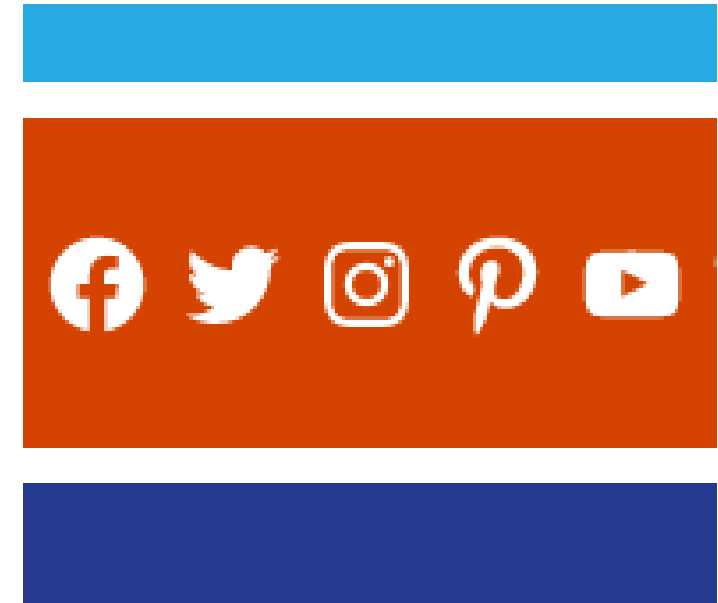
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# Disclaimers

PAVE is a nonprofit organization that provides information, training, individual assistance, and resources. PAVE is not a legal firm or legal service agency, and as such the information contained in this presentation is provided for the purpose of informing and should not be considered as a means of taking the place of legal advice that must be obtained through an attorney. PAVE may be able to assist you in identifying an attorney in your area but cannot provide direct referrals. The contents of this presentation were developed under a grant from the U.S. Department of Education. The contents do not necessarily represent the policy of the U.S. Department of Education and you should not assume endorsement by the Federal Government.



reminder:

☑ take care  
of yourself!

THANK YOU...AND REMEMBER SELF-CARE!!!

“ Self-care is not selfish  
or self-indulgent. We  
cannot nurture others from a  
dry well. We need to take care  
of our own needs first, then we  
can give from our surplus, our  
abundance.

Jennifer Louden

thepeopleproject.com

