

STRENGTHEN FAMILIES LOCALLY

3/8/2021 Bremerton Meeting Notes

Attendees:

Linda Segur, Kimberly Riley, Ashley Jensen, Lisa Lechuga, Jose Castro, Julian Padgett, Melissa Lund, Ursula Petters, Tamra Ingwaldson, Joy Life

Updates:

SFL onboarding document:

<https://dcyf.box.com/s/pirdixemujfr1hw75gj3bp0enhebg1c4>

Bremerton Project Overview:

<https://dcyf.box.com/s/f6ytycmw2dyrlyw75udyckr9q0o0r4ay>

DCYF Data Review Meeting (2/8/21):

<https://dcyf.box.com/s/sunu9whas0akzgov1bevxt70oi8zyif>

Sensemaker FAQ document: (Check here for social media post/email wording)

<https://dcyf.box.com/s/mqkijghhd9x6u7ilsz8n5igg0d57nfey>

Next meeting: 3/22

Topic: Community Alignment, Cont.

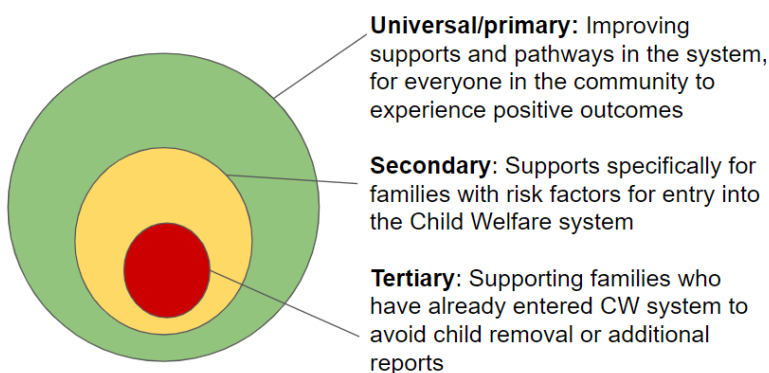
DCYF's Equity Plan

April-July meeting date poll:

https://doodle.com/poll/3pfhepfp3x8ctn92?utm_source=poll&utm_medium=link

What do we mean by Prevention? Reminder:

What do we mean by prevention?



Washington State Department of
CHILDREN, YOUTH & FAMILIES

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Discussion:

- Here is a data site where you can see what people are calling into 2-1-1 to get help & info for...
<https://wa.211counts.org/>
 - o If the agencies do not share their info, 2-1-1 may not know about it.
 - o 2-1-1 operators can also talk through the need with the caller & help find possible resource matches as they talk

Aligned Efforts: Reducing Child Abuse and Foster Care Entry**Universal efforts:**

- Library - parents navigating basic information about schools and youth options
- KCR - Strengthening Families parent education program
- YMCA - family and youth activities
- RISE training for mentors interacting with youth
- Boys and Girls Club
- Faith-based programs that help families - Marvin Williams Center/Living Life Leadership
- Love and Logic classes

Secondary efforts:

- SFL Community Cafe planned - starting in April - KCR and ESD
- YWCA - supports for mothers and DV-impacted families
- PCAP - in-depth parent classes/groups can have more connections for parents
- Trauma-informed care initiatives from Kitsap Strong - working with community providers - NEAR and St. A
- Access to substance abuse treatment and mental health to families is slowly getting better-still has a long ways to go.
- Our Gems/Our Gents Group Mentoring program in jr. high and highschool
- Family Behavioral Health (CCS) WISE--Providing accessible family therapy to those who are struggling with severe child behaviors, complex trauma, and multisystem involvement
- KCR - parenting class for children who have witnessed DV
- Military families can use Fleet and Family Services and the Chaplain when in need of resources.
- EYMP - working with wider populations in community
- FYSPRT - working to network and support families with children with behavioral health/developmental needs

Tertiary efforts:

- Upfront work with families before foster care placement through Family Team Decision meetings and pulling extended family into conversation.
- DCYF - parent coaching, hands-on, PCIT, functional family therapy-in home services
- X-Parenting - peer-to-peer mentoring and support groups for parents heading towards reunification
- Relative placement
- Trauma informed treatment for kids in foster care-still need more work on this but getting better

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- EYMP - Empowering Youth Mentoring Program - youth with sexual trauma mentoring - <https://www.unitedwaykitsap.org/empowering-youth-mentor-program>
- KCR - Parenting in Recovery
- DCFY - Baby Court and Family Treatment Court
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Aligned Efforts: Eliminate Racial Inequities in Child Welfare

Universal:

- Library - The DB branch has a program named Anti Racism Learning circle in where the participants can share their experiences, writings, books and resources.
- New Life Community Center - Youth and Family Empowerment Conference and Villiaging our Voices projects

Identified Gaps/Opportunities:

- How do we empower systems change? How do we make system changes that empower case managers to collaborate with others in holistic ways? Road blocks like HIPPA, confidentiality
- Siloing agencies - not having a transparent, committed approach with the family and parents - getting everyone at the same table for family decision making. DCYF is working on this, how can we bring this approach into other parts of the community? Mental health, treatment, parent advocates - so the parents have a consistent, clear message from everyone. "It's not about winning, it's about collaboration".
- Trauma informed treatment for kids in foster care-still need more work on this but getting better
- Increase relative placement in order to maintain cultural connections.
- Identifying ICW so that tribes are involved
- Focus on implicit bias as well as cultural competency with DCYF staff.
- Making therapy available for children and their families while their problems are still small or in the preventative stage.
- Have family support specialists/therapists in the schools who will interact with students and their systems (teachers, parents, siblings...)
- Give foster parents the specific tools they may need to work effectively with the children they have in their care as well as giving parents the same tools for when their children are returned to them.
- Also - KCR does the nutrition classes and they have a bunch of resources to do other parent classes/support groups but no funding (last time I checked) - *resources meaning curriculum and books etc.
- Pulling in individual/group therapist agencies that offer family support groups.
 - o We are talking about a lot of things that exist already, hopefully more resources will be created and implemented to help with prevention.
- One partner I don't see but could make an impact is Girl Scouts. They are making huge leaps in virtual trainings for Parents/Leaders including around Racial inequities
- also remember reaching out to our Kitsap County Native American tribal family resources--they could help with racial equality issues also.
- Have you reached out to the Bremerton Housing Authority to see if they would like to start participating in conversations surrounding this? They just got a new ED who is looking to learn about the community.

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