

# STRENGTHEN FAMILIES LOCALLY

3/11/21

## In attendance:

Jesse Charles, Becca Larsen, Virginia Klein, Minnie Whalen, Colleen Studinarz, Amanda Sanders, Nita Lynn, Tanya Pankowski, Erinn Havig, Joy Lile

## Important documents:

### SFL onboarding document:

<https://dcyf.box.com/s/pirdixemujfr1hw75gj3bp0enhebg1c4>

### Port Angeles/Sequim Project Overview:

<https://dcyf.box.com/s/b9282wcgc6k6dzajt9nmgv9e249iw5ot>

### Sensemaker FAQ document: (Check here for social media post/email wording)

<https://dcyf.box.com/s/mqkkyghhd9x6u7ilsz8n5igg0d57nfey>

Reminder: Enter stories about the successes and challenges you are seeing in families!

## Next meeting: 4/22 12:30-2:30

Topic: Review of story building – discussions and Sensemaker  
Localized Theory of Change

## Timeline: 6 month overview:

### 2 Main goals in next 6 months:

1. Contract for Strong Community Network Facilitator (to start May)
  1. Support Community Prevention Plan writing in all 4 communities
  2. Support “Strong Community Network” or other collaboration/shared leadership structure
2. Identify 2 “starter” projects (A “step in the right direction”)
  1. 40,000 total for both
  2. Focus on Secondary Prevention, Equity
  3. Initiate June-September

### Timeline:

- April - Story Building - Where we are, Sensemaking sessions
- May - Project selection #1
- June - Project implementation #1
- July-August - continued data and sensemaking, Community Prevention Plan
- September - Project selection #2
- October - Project implementation #2
- November/December - Progress review and scoping, Community Prevention Plan



Washington State Department of  
**CHILDREN, YOUTH & FAMILIES**

Original Date: 3/16/21  
Family Support Programs Division

**Next month:**

Spreadsheet of “where we are”:

Identified Needs | Supporting data | Existing Resources | Opportunities - Primary, Secondary, Tertiary

[https://docs.google.com/spreadsheets/d/1JWaU6IVmbgnOlg5B4bwxacssPbND2LmJBf3dp7\\_OqKc/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1JWaU6IVmbgnOlg5B4bwxacssPbND2LmJBf3dp7_OqKc/edit?usp=sharing)

**Discussion:**

- RFQQ – for community facilitator to work with all 4 communities
- Scope of project selection - what’s one step we can take in the right direction?
- 40,000 total for community/year - 2 projects/year
- Looking at projects that can’t be otherwise funded through DCYF resources?
- We have not yet identified one project to move on - the work of this group in the next few months
- Need to know what ages we are going to focus on
- Need to know what data will help us to make these decisions

**How do we Make Decisions?**

*As we move towards identifying projects, how will we make decisions on what efforts to prioritize? What are your hopes? What are your concerns?*

**Community Values:** <https://dcyf.box.com/s/ifo8e95ipniej28yy4mxb9tg5bjcpbk>

**SFL Guiding Principles:**

1. Approaches will be strengths-based, culturally appropriate and inclusive
2. Mobilization will occur at multiple levels, including state government, local government, local non-profits, schools, families, volunteers, tribes, faith communities, etc., and will occur through a variety of means
3. We will work to develop trust and strengthen shared values
4. Our work will strengthen community organizations
5. Teams will develop a continuum of information, services and supports to strengthen families
6. Communities will target interventions for families with complex and co-occurring risks

**Discussion:**

- Intention is to create something that isn’t being done - not recreating the wheel - can be a challenge because we may be invested in the kinds of programs that we are already having - what is missing and how can we fill that need?
- Could also be expansion - sometimes programs are under-funded to do the work that needs to be done
- What has shown to be effective elsewhere?
  - o Welcome Baby program in Allegheny County - expanded family support centers to respond to universal needs, enhance equity between what the different family support centers look like - reflecting community culture, equality in assets.
  - o Monthly dinner program - people from all over the community came to talk and eat together - not facilitated, but just a time to chat and meet together
  - o Secondary prevention - home visiting programs that are reaching different populations
  - o Healthy Families America model with highest needs families - each family has a nurse and community healthworker assigned to them, access to therapy - weekly visits
  - o Had a team meeting to identify higher risk families - coordinated referral effort

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Family Support Programs Division

## DCYF Strategic and Equity Plan

You can read the plan here: <https://www.dcyf.wa.gov/practice/strategic-plan>

## Prep for next meeting: Identifying Initial Projects

“Story Building” spreadsheet (in progress):

[https://docs.google.com/spreadsheets/d/1JWaU6IVmbgnOlg5B4bwxacssPbND2LmJBf3dp7\\_OqKc/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1JWaU6IVmbgnOlg5B4bwxacssPbND2LmJBf3dp7_OqKc/edit?usp=sharing)

What ideas do you have for an initial, high-impact project to address secondary prevention and meet needs and goals? Example: Welcome Baby Project

*More discussion next meeting*