

STRENGTHENING FAMILIES LOCALLY

10/12/20 Bremerton Planning Meeting Notes

In attendance:

Kody Russell, Ashley Jensen, Ursula Petters, Kimberly Riley, Victoria Hilt, Cami Lewis, Lisa Lechuga, Joy Lile

Important docs:

1. **Partner Bios:** Feel free to share about yourself or your organization.
https://docs.google.com/spreadsheets/d/16CFz6UR3xll1_GB0W9GCgtsIWVEx6bketnYtdz4jjwM/edit?usp=sharing
2. **Notes on Strengths and Needs:** A document starting to compile notes from informal meetings and conversations.
<https://dcyf.box.com/s/r770yger6f7b138bpfpi66qdixgblj6a>
3. **Outreach documents:**
Flyer: https://www.dcyf.wa.gov/sites/default/files/pubs/FS_0046.pdf
Website: <https://www.dcyf.wa.gov/services/child-development-supports/sfwa/sf-locally>

Goals:

DYCF's goals in Strengthening Families Locally are:

1. Reduce rates of child maltreatment
2. Reduce rates of foster care entry
3. Eliminate racial disproportionalities in maltreatment and foster care entry in the target areas
4. Increase community resilience
5. Develop a replicable community-driven prevention model

See this document for Bremerton's current goals:

<https://dcyf.box.com/s/hix34ypp0yr5pob50edwxlgko9vanp5t>

Discussion:

- Services:
 - ways to model and reinforce education for parents outside of the classroom - Peer support, peer group, 1:1, multiple models
 - Kitsap Strong and XParenting are applying for funding right now to provide this type of training for "mentors" in our community, youth leaders, coaches, 4-H, etc.



Washington State Department of
CHILDREN, YOUTH & FAMILIES

- Core Life Skills - Using the Harvard Center on the Developing Child perspective.
 - <https://developingchild.harvard.edu/resources/building-core-skills-youth/>
 - <https://developingchild.harvard.edu/resources/building-adult-capabilities-to-improve-child-outcomes-a-theory-of-change/>
- Expanded definition of what is a “therapeutic” service to align with neuroscience, and advocate for funding for effective therapies.
 - What system level is this? HCA? DCYF? Moving away from the “medical model” and funding self-regulation that aligns with the needs and interests of youth/families. Who/how do we share this definition?
 - Thinking about participation in this group and growing our network, I think this conversation is critical. It will be very challenging for us to accomplish the system's level changes we seek if DCYF cannot help us make the relationships with change agents within these systems. Especially if/when the goals from all 4 communities align!
 - WIC, Head Start, and Universal Kindergarten started as large-scale prevention programs and are now woven into the fabric of community
- Discussion of need for vicarious trauma training/supports with CW staff
 - I feel the same way about the protective factors and how to apply it to their work. So many individuals don't know how to apply these concepts in every day actions
 - Providers need coaching and reflection too!
 - Kitsap SAIVS is embarking on Vicarious Trauma Response Initiative to deal with on an organizational level
- Look up definitions for evidence based vs. science informed/research based practice (note: See Woodbury and Kuhnke, <https://www.woundscanada.ca/docman/public/wound-care-canada-magazine/2014-vol-12-no-1/510-wcc-spring-2014-v12n1-research-101/file>)

Next meeting: 10/26, 1:30-2:30

Topics: Engagement planning, Community mapping

Original Date: October 12,2020
Family Support Programs Division