

STRENGTHEN FAMILIES LOCALLY

7/7/21

In attendance:

Alison Ball, Jeanie Beagle, Molly Corvino, Ben Descoteaux, Stacy Hastings, Dave Iverson, Jamie Lovato, Joy Lile, Michelle Thomas

Important documents:

SFL onboarding document:

<https://dcyf.box.com/s/pirdixemujfr1hw75gj3bp0enhebg1c4>

Stevens/Ferry Project Overview:

<https://dcyf.box.com/s/4iouwydo34s7lckxp89kq3sg93in60as>

New Sensemaker “Share a Story” flyer:

https://www.dcyf.wa.gov/sites/default/files/pubs/FS_0057.pdf

Next meeting: Sept 1st, 1-3 pm

3rd Monday of the month, 1-3

SFL Updates:

Parent Support Gift Cards Available!

Reserved for individuals who are not paid by an organization to attend SFL meetings, including parents, youth, and family members with lived experiences in family support and/or child welfare systems. Apply within 1 month of the meeting. Form and details:

<https://dcyf.box.com/s/ysd6dkewzsb916qzcl87so0ufo8qfzgj>

(Download, fill out, and attach to an email - or just email me your information!)

Medicaid and Me: Providing Trauma-Informed and Healing-Centered Supports for families who are Medicaid-eligible

July 15th, 2-3:30

Registration: https://dcyf.zoom.us/meeting/register/tZYlde6uqT4iHNAdK8AW4UEDWDBSkRZ2Fp_t

Community Updates:

- August 4th, Weds - 8 am - 3 pm at Incheilium Community Health Center - Community Health Fair - labs done, information about local services, Hub and Spoke, Vaccination clinic with door prizes. Lots of advertising coming out soon about it.
- Congratulations to Alison Ball who will be joining the Colville Tribal Council

Project Discussion 1: Caring Communities (Trauma-Informed Training Network)

Framing: Why this idea?

- Trauma-informed, healing-centered cohort learning for teachers, mental health providers, DCYF staff
- Shifting the narrative from “trauma informed” to “community of caring” – removing the stigma of “trauma”



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- Thoughtful and research-informed perspective of “trauma” - not pop-psychology
- Trauma screening and education in healthcare settings, children and teachers at schools
- Accountability, self-care, mental health for teachers – “healing-centered classrooms”
- Supporting local “hub” model and local teams of trauma-informed community supports

Presentation proposal: Tri-County Health Department

Link to slide presentation: <https://dcyf.box.com/s/45b4b2nmqgx787m88fmxcr5rsmny45lw>

- Questions/comments/feedback?
- What do we need to consider to do this work?
- What other community resources and supports can we leverage?

Discussion:

- Lake Roosevelt Health Center - works with Keller and Inchelium schools - have a contract for space and are available at the schools. Ongoing supports to become patients for the clinic. Not Certified Crisis Response though - New Alliance provides this, not a formal contract with LR right now
 - o New Alliance services available for basic Medicaid clients, may have a challenge serving everyone
- ESD used to support schools with counseling services for kids and families in distress - possibly a connection or resource? Lack of resources for counselors at schools
- Have you contacted schools? Some of them - some not interested, some have done some trauma-informed training. There is interest from several schools. Handle With Care has not been brought up yet
- Clothing and food pantries at schools - Republic Schools had these informally, “lost and found” clothes - Dave has a connection
 - o Clothing Closets - might be a challenge to fit them into the space available at schools
- Rural Resources - Domestic Violence coordinator in Colville, runs the DV Advocacy piece at Victims Services
- Keeping parents at the center of the work - offering training specifically to parents who might have experienced their own trauma, behavioral supports for high-needs children

Voting: All voted 4 or 5 – either on board, or minor issues that can be resolved later.

Next Steps: Molly and Jeanie will present at Healthy Ferry County Coalition and begin working with DCYF on contracting

Project Discussion 2: Family Navigation/Coordination Supports

Framing:

- Family Navigator: role connecting high-risk populations to services and “walking them through” systems like DCYF, DSHS, WIC, SNAP, Medicaid, child care, etc.
- Room for “peers with lived experiences” model?
- Geographical restrictions - telehealth/travel requirements
- Needs trauma-informed focus
- Identified need (challenge with this funding): Expanding mental and behavioral health services to a larger scale in the county – more providers, more options, less distance to travel

Questions for discussion:

- What should be the “Focus” of this support?
- General family supports - accessing community/state/federal supports

Original Date: 7/7/21
Family Support Programs Division

- Mental health - Mental Health Peer Supports (through HCA/DOH)
- Perinatal supports - identified lack of doula/midwife/OBGYN services
- What agencies might be well-suited to this work? What other resources and support will they need?

Discussion:

- Michelle from Rural Resources shared a context about their Integrated Services Program, which they call Navigators as well.
 - o Folks coming in not quite knowing what they want or need - sit with a Navigator to do intake, and the navigator becomes their “person” at Rural Resources to walk them through services and supports available there. Navigator continues to work with them as long as participant wants them to. Working with participant to help them remove other barriers and access other supports. Hiring 1 full-time navigator in Colville, will be busy quick and need to secure funding for a second position. Approaching with holistic, trauma-informed, healing lens.
 - o Empowerment-based model - not “doing for” but sitting with - education about how to access as well as supports
 - o This is an internal program for now and the foreseeable future – helping people navigate within Rural Resources, like Case Management. They do have access to some of the state systems internally.
 - o RR developing an internal database to track clients through system - built based around Commerce’s regulations - just internal RR programs
 - How to connect folks with local resources - diaper drives, local food banks - could this be an extension of the RR database eventually?
 - o Will they think about advertising or outreach at a later time? Will probably get there but it might take a while to develop the program and not jump in with a huge case load right away. Ultimately the goal is to do more outreach to local groups to let them know about the program
- Pre-Covid - BHT had a presentation about a similar program. Helping people fill out paperwork to get supports - eligibility for benefits - “one-stop shop” - relationship-focused
- Feels like we are not in real prevention work on some of these ideas - how to help and build supports before needs emerge? Extension of some current services could lead to more families going into services
 - o Perinatal project is an idea that looks further upstream