

# ECLIPSE MINIMUM SERVICE DELIVERY REQUIREMENTS 2025-2026



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# ECLIPSE MINIMUM SERVICE DELIVERY REQUIREMENTS 2025-2026

# **Background**

ECLIPSE (Early Childhood Intervention and Prevention Services) offers a year-round, trauma-informed, center-based intervention, prevention, and treatment service for families with young children who have experienced substantial trauma. These models strengthen attachments, foster resilience, build regulation capacity, and nurture healthy development across all developmental learning domains. ECLIPSE is designed to fill any gaps in continuity of care for toddlers, and preschoolers with a complex set of needs. ECLIPSE tiered supports are provided within the context of ECEAP's foundation of comprehensive, strength-based, responsive, and high-quality services for families. Where ECEAP services end, ECLIPSE begins.

The Contractor shall offer tiered and expanded therapeutic infant and early childhood mental health services to young children and their families who are experiencing a complex set of needs.

# Planning for an Integrated Approach:

- Dual Enrollment: ECEAP high quality comprehensive early learning model will be paired with ECLIPSE funding to
  provide mental health support and services to children and families enrolled in ECEAP. ECLIPSE services will be
  expanded throughout the state guided by data on critical mental health needs.
- **Efficient Braided Funding**: ECEAP and ECLIPSE funds are combined to meet the therapeutic needs of children and families enrolled in ECEAP
- **Strong Data**: ECLIPSE services will be integrated into the Early Learning Management System (ELMS) and until then contractors are required to enter data into a temporary tracking system provided by DCYF. ELMS houses ECEAP administrative data and child and family assessments. This connection supports the use of appropriate outcomes based on positive behavior supports and requirements.
- High Quality Tiered Supports: Following capacity for further data collection, individualized child and family
  interventions and classroom adaptations and supports will be analyzed for quality and effectiveness.

# **Minimum Service Delivery Requirements (MSDR)**

#### **MSDR 1: Recruitment and Outreach Efforts**

#### Contractors must:

- 1. Use recruitment and outreach efforts with Child Welfare Social Workers/Child Welfare Early Learning Navigators (CWELN), Primary Care Providers (PCP's), Public Health Nurse's (PHN), Economic Service Administration Social Workers (ESA/DSHS), and comparable tribal services, and other referral partners as appropriate.
- 2. Work with DCYF to build local relationships with referral partners.
- 3. Report referral source in the DCYF online platform until ECLIPSE elements are built into ELMS in 2026.

Related ECEAP Performance Standard
PAO-30 Community Partnerships
PAO-37 Child Recruitment
PAO-38 Eligibility for ECEAP Services
PAO-39 Additional Children Allowed for Enrollment

## **MSDR 2: Eligibility Review**

- 1. Children eligible for enrollment into ECLIPSE must be in an ECEAP Working Day or School Day model and meet all eligibility requirements per ECEAP Performance Standard PAO-38.
- 2. Contractors must:
  - a. Create processes for reviewing, identifying, and determining eligibility and placement options for children in FCLIPSE
  - b. Use ELMS enrollment and eligibility data, including priority points to determine ECLIPSE-eligibility through review of ECEAP application.
  - c. Collect referral information from allied service providers, referents, and caregiver(s), such as:
    - i. Child Welfare Safety Plan;
    - ii. Exposure to and/or experience with traumatic events;
    - iii. Family or cultural historical trauma;
    - iv. How and if traumatic experience is showing up; and
    - v. Supportive, culturally appropriate materials, or approaches to use in supporting the child, family, and classroom staff.
- 3. Determine support already provided by ECEAP contractor staff to support the child, family, and community.

# Related ECEAP Performance Standard

- IC-11 No Expulsion
- FEP-12 Resources and Referrals
- PAO-30 Community Partnerships
- PAO-40 Eligibility for Working Day ECEAP
- PAO-41 Verifying Eligibility

## **MSDR 3: ECLIPSE Prioritization**

- 1. Contractors must prioritize children:
  - a. Referred by a child welfare social worker, a department of social and health services social worker, primary care physician, a behavioral health provider, or a public health nurse due to:
    - i) Risk of child abuse or neglect;
    - ii) Exposure to complex trauma; or
    - iii) Significant developmental delays.
  - b. Currently enrolled in ECEAP School Day or Working Day programs.
  - c. With the highest ECEAP priority points; and
  - d. Establish and maintain an active waiting list when funded slots are full.
- 2. ECLIPSE contractors can reference the <u>ECLIPSE Prioritization Worksheet</u> for additional prioritization factors to consider.

- RCW 43.215.567 Early Therapeutic and preventative services and programs
- PAO-48 Prioritization
- PAO-50 Waiting Lists

#### **MSDR 4: ECLIPSE Enrollment**

- 1. Contractors must:
  - a. Fill 50% of funded ECLIPSE slots by September 30<sup>th</sup> for Working Day and December 31<sup>st</sup> for School Day.
  - b. Consider a slot full when a caregiver(s) gives consent for the child to be enrolled in ECLIPSE and the child attends class in person.
  - c. Create an ECLIPSE enrollment policy with processes for enrollment completions and timelines. The policy must include how the program will:
    - i) Prioritize Child Welfare referrals;
    - ii) Plan for implementation of accommodations for children with developmental delays or disabilities;
    - iii) Incorporate established Individual Education Programs (IEP) and Individual Family Support Plans (IFSP), and other ECEAP plans such as Child Focused Response Plan.
    - iv) Plan for and implement child's ECLIPSE Family Care Plan (ECLIPSE FCP).
  - b) Ensure enrollment timelines in (1)(a) are met.
  - c) Obtain written consent of at least one adult with whom the child lives with to receive ECLIPSE.
- 2. Children who are age eligible for kindergarten and have exited their ECEAP program may stay enrolled in ECLIPSE through October 31<sup>st</sup> of their Kindergarten year to support transitions, if needed.
- 3. Children enrolled in an ECEAP Part Day slot may be enrolled in ECLIPSE with prior approval from DCYF.
  - a) Contractors with Part Day slots will need to submit a one-time variance at the contractor level if they intend to provide ECLIPSE in Part Day programs.
- 4. Contractors will contact the ECLIPSE Specialist or ECLIPSE Manager for support when they are unable to fill a vacant slot within the above timeline (1a) or if timelines were not met.
- 5. Children referred by DCYF or DSHS may be eligible for ECEAP through an Exceeds SMI Eligibility (ESE) slot.

# Related ECEAP Performance Standard

- CO-2 Transition Plan
- PAO-3 Waiver to ECEAP Standards
- PAO-12 Parent Consent Forms
- PAO-49 Exceeds SMI Eligibility (ESE) Slots
- PAO-51 Availability for Enrollment
- PAO-52 Enrollment
- PAO-53 Serving Non-ECEAP Children in the Same Classroom

#### **MSDR 5: Screenings**

- 1. Contractors must:
  - a. Complete a <u>social emotional domain-specific</u> screening focusing on the child, with caregiver(s) input within 45 school days of a child's first day of attendance into ECLIPSE. This screening would go beyond the ECEAP developmental screenings and are specific to social emotional and/or mental health such as, but not limited to:
    - i. DECA;
    - ii. ASQ-SE;
    - iii. Survey of Well-Being;
    - iv. Child Behavior Checklist 1.5- 5 years; and
  - b. Complete a child social emotional standardized screening in collaboration with staff and caregiver(s).
  - c. Administer screening with caregiver(s) as needed to measure:
    - i. Level of stress/depression/anxiety within caregiver
    - ii. Parent-child attachment and relationship. Using tools such as but not limited to:
      - 1. Parenting Interactions with Children: Checklist of Observations Linked to Outcomes (PICCOLO) and;
      - 2. Patient Health Questionaire-9 (PHQ-9)

- 3. Generalized Anxiety Disorder-7 (GAD-7).
- 2. Tools must be normed and validated.
- 3. A prior screening or diagnosis of parent or child done within the last 12 months may be used. Obtain a consent to release and obtain a copy of latest screening for child's file.
- 4. Document the number of screenings completed each month in the DCYF online platform until ECLIPSE elements are built into ELMS in 2026.

## Related ECEAP Performance Standard

### CO-1 Developmental Screening and Referrals

# **MSDR 6: Strengths and Needs Assessment**

- 1. Contractors must:
  - a. Focus on the child and caregiver relationship with caregiver(s) input to assess relationships, interactions, and language use.
  - b. Conduct an assessment with a licensed mental health professional (LMHP)/Infant Early Childhood Mental Health (IECMH) Professional if there is an identified need from screening results, caregiver(s) report, and/or observations from ECEAP Contractor.
  - c. Identify family and child strengths
  - d. Conduct an assessment in the family's home language, when possible
  - e. Use culturally responsive and anti-bias approaches when assessing families and children.
  - f. Ensure that the LMHP/IECMH Professional is familiar with the diagnostic classification of mental health and developmental disorders of infancy and early childhood (i.e. DC:0-5, biopsychosocial assessment).
  - g. Document the number of assessments completed each month in the DCYF online platform until ECLIPSE elements are built into ELMS.
- 2. LMHP/IECMH Professional must include:
  - a. Observations preferably in child's home environment with caregiver(s), and classroom settings to assess relationships, interactions and language used between caregiver and child;
  - b. Data collected from allied service providers;
  - c. Developed plans for age-appropriate interventions based on child's interest.
- 3. Assessment should include observations and findings that are documented on the child's ECLIPSE Family Care Plan.

# **Related ECEAP Performance Standard**

- CO-3 Observation
- CO-4 GOLD® Assessment

## MSDR 7: ECLIPSE Family Care Plan (ECLIPSE FCP)

- 1. Contractors must:
  - a. Develop an ECLIPSE FCP in collaboration with caregiver(s) and Multidisciplinary (MDT) team within 60 school days of a child's first day attendance into ECLIPSE.
  - b. Formally update ECLIPSE FCP every 6 months and informally at least every 90 days; and
  - c. Coordinate with caregivers, teacher, and allied services providers.
- 2. Have completed ECLIPSE FCP signed by caregiver(s) and ECLIPSE Staff and kept in the child's file.
- 3. Document the number of ECLIPSE FCPs completed each month in the DCYF online platform until ECLIPSE elements are built into ELMS in 2026.
- 4. Plans must include:
  - a. Goals;
  - b. Objectives;
  - c. Activities and/or therapeutic intervention(s);
  - d. Frequency, intensity, and method of intervention(s);

- e. Follow up needed; and
- f. Person(s) responsible in all child settings.

# **Related ECEAP Performance Standard**

- CO-5 Individualization
- IC-2 Individual Care Plan
- IC-16 Alternative Attendance Plan
- IC-17 Child Focus Response Plan
- PAO-29 Comprehensive Services

# **MSDR 8: Multi-Disciplinary Team (MDT) Supports**

#### Contractors must:

- 1. Ensure coordination so there is not a duplication of services and all partners supporting a family are connected to the individualized planning in place for each family.
- 2. Develop policies and processes to determine clear pathways to additional therapeutic support. Such as wraparound services and other supports as needed and when available.
- 3. Develop processes to determine clear pathways to additional therapeutic supports.
- 4. At minimum the MDT team includes two or more different disciplines or professions, when available:
  - a. Child's caregiver(s);
  - b. LMHP/IECMH;
  - c. Child's teacher;
  - d. Referent; and
  - e. Allied Service providers.
- 5. Document the number of MDT meetings held each month in the DCYF online platform until ECLIPSE elements are built into ELMS in 2026.
- 6. Meeting notes and plans may be retained in an online portal. Online documentation must be compliant with the Family Education Rights and Privacy Act (FERPA).

# Related ECEAP Performance Standard

- FEP-1 Family Engagement and Partnership Principles
- FEP-3 Parent-Teacher Conference Content
- FEP-5 Family Support Visit Content
- FEP-6 Health Coordination Services for Families
- FEP-9 Family Confidentiality
- FEP-10 Family Engagement
- FEP-11 Family Engagement Content

#### **MSDR 9: Referrals**

#### Contractors must:

- 1. Connect child and/or caregiver(s) with additional culturally appropriate provider services identified on the ECLIPSE Family Care Plan. These services go beyond what a family would receive in ECEAP.
- 2. Document follow up steps and additional services identified during MDT meeting on ECLIPSE FCP.
- 3. Assist caregiver(s) in obtaining additional services outlined in ECLIPSE Family Care Plan.

- PAO-30 Community Partnerships
- FEP-12 Resources and Referrals

#### **MSDR 10: Individualized Tiered Support**

#### **Contractors must:**

- 1. Have in their employment structure or through contract with a Community Mental Health Agency, the ability to coordinate and collaborate with LMHP/IECMH professionals that have knowledge, experience, and endorsement in IECMH practice and trauma informed care.
- 2. Provide culturally relevant individual interventions with children to address symptoms of exposure to trauma or mental health concerns and introduce pro-social behavior and self-regulation techniques.
- 3. Incorporate activities from Family Care plan into the classroom lesson plan.
- 4. Implement an approach that builds and develops from the ECEAP Mental Health Consultant work that may have already occurred in the classroom.
- 5. Provide caregiver(s)/family, individual and group support, and therapy with LMHP/IECMH professional. This could include, but is not limited to:
  - a. Psychoeducation;
  - b. Evidence Based Practice (EBP); and
  - c. Dyadic Work.
- 6. Document individualized tiered support in the child's ECLIPSE Family Care Plan.

### Related ECEAP Performance Standard

- CO-5 Individualization
- PDTR-23 Infant and Early Childhood Mental Health Consultant Role and Qualifications
- IC-7 Positive Climate
- IC-8 Child Guidance
- IC-9 Child Guidance-Prohibited Practices
- IC-10 Child Guidance Physical Restraint
- IC-11 No Expulsion
- PAO-20 Early Childhood Education Documents
- PAO-21 Child Records

#### **MSDR 11: Transition planning**

Transition planning establishes contacts and resources families can access independently upon disenrollment.

## 1. Contractors must:

- a. Have processes and documentation in the ECLIPSE FCP that clearly articulates the points of intersection between ECEAP and ECLIPSE.
- b. Build upon ECEAP services so that a duplication of services does not occur.
- c. Include mental health transition planning for children who need continued care/support upon exiting ECLIPSE, as needed.
- d. Plan for a child's transition from ECLIPSE during MDT meetings:
  - i. Transition planning should begin at first MDT meeting;
  - ii. Review and update the transition plan on the ECLIPSE Family Care Plan (ECLIPSE FCP) when the child is approaching the goals contained in the ECLIPSE FCP;
  - iii. A final transition plan will be established and implemented.
- 2. Transitions plans from one ECLIPSE contractor to another ECLIPSE contractor to include:
  - a. How information/files will be exchanged;
  - b. Release of information to share progress, etc. signed by caregiver
  - c. Timeline to complete the transition;
  - d. Warm hand off from current to new provider; and
  - e. Parent input into transition plan

3. Document the number of transition plans completed each month in the DCYF online platform until ECLIPSE elements are built into ELMS in 2026.

# **Related ECEAP Performance Standard**

- CO-2 Transition Plan
- IC-11 No Expulsion
- PAO-24 No Expulsion Policy

#### **MSDR 12: Transportation**

#### **Contractors must:**

- 1. Ensure daily transportation to and from home to early learning setting, based on assessed need(s) of caregiver(s), family and available resources such as, but not limited to:
  - a. Reimbursements;
  - b. Stipends: or
  - c. Gas Cards.

#### Related ECEAP Performance Standard

PAO-23 Transportation

#### **MSDR 13: Staff Professional Development**

#### Contractors must:

- 1. Have a written plan that outlines ECLIPSE staff training for all staff planning to or providing ECLIPSE services.
- 2. Provide training and supports for LMHP/IECMH professionals to learn about strengths-based approaches, developmentally appropriate practices, bias, culturally responsive practices, and clarifications around what supports ECEAP staff already provided to the child/family through ECEAP programming.
- 3. Use research-based or informed approaches to expand knowledge around trauma-informed and healing centered practices, the impacts of trauma, child centered and developmentally appropriate 0-5 mental health and resiliency interventions, including cultural activities that are proven to reduce the effects of trauma.
- 4. Provide modeling, coaching and support to caregiver(s) and teachers to utilize individualized therapeutic interventions and/or strategies with children, caregivers, and teachers. Interventions and strategies will address symptoms of exposure to trauma and introduce pro-social behavior and self-regulation techniques.

# **Related ECEAP Performance Standard**

- PTDR-13 Staff Training Program
- PAO-18 Human Resources Documents
- PDTR-23 Infant and Early Childhood Mental Health Consultant Role and Qualifications

#### **MSDR 14: Required Staffing**

Staffing must include but is not limited to:

- 1. ECLIPSE Program Manager- This position will provide administrative and programmatic oversight of ECLIPSE service implementation.
- 2. Licensed Mental Health Professional (LMHP) This position offers ECLIPSE therapeutic services and support to staff, children and families enrolled in ECEAP.

This position will:

a. Hold an advanced degree specializing in health, social and/or human services <u>and</u> be licensed by the Department of Health (DOH);

- I. At minimum, meet the IECMH Consultant Qualifications in the ECEAP Performance Standard PTDR-23
- Provide culturally and linguistically responsive treatment and care of children and families receiving ECLIPSE services within ECEAP programming. (i.e. Completes individual child and family assessment(s), develops ECLIPSE Family Care Plans (ECLIPSE FCP) with families at the MDT meetings);
- Facilitate work with families, program staff and administrators in the development and adoption of therapeutic tiered service to be applied at the expanded levels of intervention offered through ECLIPSE service;
- d. Provide support staff and caregiver(s) training to learn about trauma and its effects on the growing brain; and
- e. Provide support staff training in secondary trauma and compassion fatigue to support the adults to provide informed care and safe learning environments.
- f. Maintain notes about family and child therapeutic interactions in a secure online portal to ensure confidentiality of services provided.
- 3. Child and Family Support Partner (CFSP)—This position will support the ECLIPSE work for children in the classroom, families in their home environment and provide intensive case management for families working with multiple system involvement. This position will:
  - a. At minimum, meet the Family Support Staff Qualifications in the ECEAP Performance Standard PDTR-16
  - b. Require knowledge and experience working in both classroom and home environments;
  - c. Be integrated into the ECLIPSE staffing structure, and/or would be required to engage in significant interagency coordination efforts; and
  - d. Provide Intensive Case Management (ICM), a team-based approach that supports individuals through a case management approach, the goal of which is to help clients maintain their basic and safety needs to achieve an optimum quality of life. This can happen through developing plans, enhancing life skills, addressing health and mental health needs, engaging in meaningful activities, and building pro-social and community relations;
  - e. Hold a maximum caseload of 20.
- 4. Complex cases may require an adjusted LMHP and/or CFSP caseload to fully implement ECLIPSE Minimum Service Delivery Requirements when staff:
  - a. Work less than 35 hours per week.
  - b. Provide more intensive services based on family needs.
  - c. Provide services to families in multiple settings.
  - d. Travel extensively to meet with families.
  - e. Attend multiple meetings with families and allied professionals; or
  - f. Support families in other extenuating circumstances that warrant more time/attention.
- 5. Staff roles may be combined with ECEAP staff roles when needed.
- 6. Staff who provide services in the classroom must have a cleared Portable Background Check.

- PDTR-12 Staff Recruitment and Selection
- PDTR-15 Family Support Staff Role
- PDTR-16 Family Support Staff Qualifications
- PDTR-23 Infant and Early Childhood Mental Health Consultant Role and Qualifications

# **MSDR 15: Data Entry Requirements**

#### Contractors must:

- 1. Document ECLIPSE Service Delivery Requirements in DCYF online platform until ECLIPSE elements are built into ELMS in 2026. Data entry includes:
  - a. Report month;
  - b. Person completing report;
  - c. Types of transportation supports provided to families;
  - d. Referent information;
  - e. Number and type of child social emotional screening completed;
  - f. Number and type of caregiver screenings completed;
  - g. Number of new children enrolled each month;
  - h. Child ELMS ID numbers of children enrolled into ECLIPSE;
  - i. Who referred the child;
  - j. Number and type of child assessments completed;
  - k. Number and type of Strengths and Needs Assessments;
  - I. Number of ECLIPSE Family Care Plans implemented;
  - m. Number of MDT meetings held;
  - n. Number of transition plans completed;
  - o. Number of children exiting ECLIPSE;
  - p. ELMS ID numbers of children exiting ECLIPSE; and
  - q. Reasons children are exiting ECLIPSE.

#### **MSDR 16: Summer Service Activities**

#### **Contractors must:**

- 1. Provide ECLIPSE summer activities for children <u>not</u> enrolled in a Working Day slot during summer months. These can include but are not limited to:
  - a. Home visits;
  - b. Early learning mental health activities;
  - c. Play and learn groups;
  - d. Parenting education
- 2. Continue ECLIPSE services for children who are 5 years old by August 31, if a need is identified, as child/family transitions into their local school district children may stay enrolled until October 31.
- 3. Document summer services provided on the DCYF online platform until ECLIPSE elements are built into ELMS in 2026.

#### **MSDR 17: ECLIPSE Pilot Activities**

# Contractors will:

- 1. Participate in innovative approaches and opportunities as they become available;
- 2. Integrate ECLIPSE programming into ECEAP self-assessment and community assessment activities;
- 3. Participate in or identify an alternate to attend pre-scheduled monthly meetings and quarterly check-ins with DCYF ECLIPSE support staff, and other ECLIPSE contractors to discuss implementation progress, barriers, deliverables, and questions regarding ECLIPSE implementation.

- PAO-33 Community Assessment
- PAO-34 ECEAP Self-Assessment
- PAO-60 Administrative Documents