**CONSIDERING BIG PICTURE DECISION MAKING**

<table>
<thead>
<tr>
<th><strong>Family Stability</strong></th>
<th><strong>Well-Being</strong></th>
<th><strong>Financial Management</strong></th>
<th><strong>Education &amp; Training</strong></th>
<th><strong>Employment &amp; Career Management</strong></th>
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<tbody>
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<tr>
<td><strong>Housing</strong></td>
<td><strong>Family &amp; Dependents</strong></td>
<td><strong>Physical &amp; Mental Health</strong></td>
<td><strong>Personal &amp; Professional Networks</strong></td>
<td><strong>Debts</strong></td>
</tr>
<tr>
<td>No housing subsidy, housing costs less than 1/3 household gross pay.</td>
<td>Fully able to engage in work, school, and family life; children or family needs met.</td>
<td>Fully able to engage in work, school, and family life; health and mental health needs met.</td>
<td>Can always rely on networks to provide useful advice, guidance, and support; advocates for others.</td>
<td>No debt other than mortgage, education, and/or car loans. Current in all debt.</td>
</tr>
<tr>
<td>No housing subsidy, housing costs exceed 1/3 household gross pay.</td>
<td>Mostly able to engage in work, school, and family life; children or family needs nearly met.</td>
<td>Mostly able to engage in work, school, and family life; health and mental health needs nearly met.</td>
<td>Can often rely on networks to provide useful advice, guidance, and support.</td>
<td>Current in all debts and paying more than minimum balances on one or more debts.</td>
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<tr>
<td>Partial housing subsidy.</td>
<td>Somewhat able to engage in work, school, and family life because of children or family needs.</td>
<td>Somewhat able to engage in work, school, and family life because of health and mental health needs.</td>
<td>Can sometimes rely on networks to provide useful advice, guidance, and support.</td>
<td>Paying minimum balances on all debts.</td>
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<tr>
<td>Full housing subsidy, permanent housing.</td>
<td>Barely able to engage in work, school, and family life because of children or family needs.</td>
<td>Barely able to engage in work, school, and family life because of health and mental health needs.</td>
<td>Can rarely rely on networks to provide useful advice, guidance, and support.</td>
<td>Behind in payment of one or more debts.</td>
</tr>
<tr>
<td>Homeless or emergency shelter or Living with family or friends, or transitional housing temporarily.</td>
<td>Not able to engage in work, school, and family life because of children or family needs.</td>
<td>Not able to engage in work, school, and family life because of health and mental health needs.</td>
<td>Can never rely on networks to provide useful advice, guidance, and support.</td>
<td>Not addressing debts.</td>
</tr>
</tbody>
</table>

*see WA Self-Sufficiency Calculator for specific calculations based on family size, county, and other factors.

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**Department of Children, Youth, and Families**  
**ECEAP Family Support Mobility Mentoring®**  
**Bridge to Child and Family Self-Reliance**

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Name: __________________________  
Date: ________________  
Adapted from the EMPath - Economic Mobility Pathways Bridge to Self-Sufficiency® as of June 2018