Jan Ward Olmstead, *(Chumash)* is a lineal descendant Santa Ynez and Barbareño, California Mission Indians. She serves as a Senior Tribal Public Health Policy and Project Advisor, AIHC Leads the Tribal/Urban Indian health Immunizations, development of the AIHC TUIHIC, alignment to the Pulling Together for Wellness framework, and lessons from Tribal-driven processes. For many years has promoted culturally relevant models and strategic thinking rooted in health equity in a public health context.

Wendy Stevens, MNPL, MSS serves the American Indian Health Commission in support of tribal immunizations and health, development of the AIHC Tribal Urban Indian Health Immunization Coalition, and the AIHC Tribal 10-year Continuum immunization work addressing tribal vaccine and immunization and emergency preparedness work addressing systemic disparities and equity in access to services.
PUBLIC HEALTH
AIHC Mission: Improve the Overall Health of Indian People of WA State
Strategy: Advocacy, Policy and Programs to Advance Best Practices

Maternal Infant Health Strategic Plan
In Partnership with WA State Departments of Health, Early Learning and the Health Care Authority, and Department of Social and Health Services

Historical and Intergenerational Trauma and ACEs
Health Disparities
Inequities and Social Determinants of Health
Ongoing Discrimination, Racism, and Lateral Violence

PULLING TOGETHER FOR WELLNESS

Tribally and Urban Indian Driven
Maternal Infant Health
Women, Infant, Children (WIC)
Home Visiting
Immunizations
Commercial Tobacco and Vaping
Youth Marijuana (and Substance Abuse) Prevention
Youth Suicide Prevention
Food Sovereignty
Chronic Disease
Public Health Emergency Preparedness Response
Foundation Public Health Services

Culturally Appropriate and Community Specific

DATA

@ 2012 American Indian Health Commission
Pulling Together for Wellness
A Tribally-driven Framework

Components of the PTW framework:
• Mobilizing at the Tribal/Community Level
• Leadership and Community Engagement
• Recruit and Retain Partners
• Specific Outreach to Youth and Elders
• Engagement of Cultural Resources and Traditional Healers
• Inclusion of Cultural Consideration in the Planning Process
• Use of Storytelling – Balance of Data and Stories
• 7 Generation Strategies – Strength-based
• Integrates Trauma Informed Strategies

Tools of the PTW Framework:
• Definition, Vision and Values of the PTW Framework
• Partnership Development Inventory and Process
• Community Health Assessments and Environmental Scans
• Inventory of Cultural Appropriate Strategies
• Matrix: Vision, Goals, Indicators, Strategies (including PSE, EB, PB, PP)
• 20 Competence Domains (knowledge, skills, and abilities)

Generational Clarity

HEAL

Historical and Intergenerational Trauma effect
Equity, Health Disparities and Social Justice (Social Determinants of Health)
Adverse Childhood Experiences (NEAR)
Lateral Violence and Oppression

© 2021 American Indian Health Commission
The TUIHIC coalition is a network of dedicated partners and community members, health care providers, elders, and tribal leaders working together to increase immunization rates and prevent infectious disease.

PURPOSE: To improve American Indian / Alaska Native immunizations and vaccine access, surveillance, practices, infectious disease prevention and health literacy.

Tribally-Driven Prevention & Support for Immunizations and Infectious Disease

- Tribally-Driven Strategic Planning
- Network of Partners
- Historical and Cultural Context
- Based on a continuum of over a decade of Immunizations work

PhotoCredit:
MONITORING VACCINE AND INFECTIOUS DISEASE ISSUES WITH MEMBERS AND COLLABORATING PARTNERS.
SERVING AS A TRUSTED SOURCE FOR INFORMATION SHARING.
Community Engagement
The TUIHIC coalition is a network of dedicated partners and community members, health care providers, elders, and tribal leaders working together to increase immunization rates and prevent infectious disease.

**PURPOSE:** To improve American Indian / Alaska Native immunizations and vaccine access, surveillance, practices, infectious disease prevention and health literacy. Strategies are Tribally-driven prevention and support for immunizations and infectious disease, including monitoring vaccine and infectious disease issues with TUIHIC members and collaborating with Partners, serving as a trusted source for information sharing. Key strategic elements:

- Promotion of 100% Immunized AI/AN population (goal est. 2008)
- Tribally-Driven Strategic Planning
- Historical and Cultural and Trauma Informed Context
- Network of Partners
- Based on a continuum of over a decade of Immunizations work

**AIHC Mission:** Improve the Overall Heath of Indian People of WA State

**Strategy:** Advocacy, Policy and Programs to Advance Best Practices

**Tribal and Urban Indian Health Immunization Coalition (TUIHIC)\(^{2/8/18}\)**

**TUIHIC CHARTER (2018)**

**MISSION:** Honoring independent sovereign nations and urban Indian communities—coming together equally to strengthen Tribal and Urban Indian Communities.

**PURPOSE:** To improve immunizations access, surveillance, practices, disease prevention and health literacy.

**CHALLENGES:** Studies show that American Indians and Alaska Natives are heavily impacted by illnesses that could have been prevented through proper immunizations.

**BENEFIT:** Strengthening the health of American Indians and Alaska Native populations through effective strategies to access immunizations and lower risk by ensuring equitable access and extended support to best and promising prevention practices through the Indian Health Care Delivery System and Indian Health Care Providers ((IHCP) inclusive of ITU).

<table>
<thead>
<tr>
<th><strong>2020-21 Strategies/Activities</strong></th>
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</thead>
<tbody>
<tr>
<td><strong>Addressing COVID-19 and Routine Vaccination</strong> - Help stop the spread of Infectious Disease</td>
</tr>
<tr>
<td>Development of Tribally-driven strategies to meet Tribal and AI/AN community needs</td>
</tr>
<tr>
<td>Raise Awareness in efforts to improve immunizations through Policy, Practice, and System changes through engaging Tribes and Urban Indian Programs.</td>
</tr>
<tr>
<td>Increase equitable access to the vaccines by addressing barriers</td>
</tr>
<tr>
<td>Build confidence in the vaccines and vaccination systems</td>
</tr>
<tr>
<td>Building Vaccine Confidence by addressing long-term barriers</td>
</tr>
<tr>
<td>Dissemination of scientifically accurate information sharing</td>
</tr>
<tr>
<td>Provide credible information via trusted messengers</td>
</tr>
<tr>
<td>Provide vaccine technical assistance, trainings, materials, fact sheets, messages</td>
</tr>
<tr>
<td>Enhanced partnerships</td>
</tr>
<tr>
<td>Identify sustainable strategies to improve the immunization rates</td>
</tr>
<tr>
<td>Utilize Tribal immunization information systems (i.e., RPMS or Child Profile) to support vaccination.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Accomplishments</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Facilitated the establishment of the Official Tribal and Urban Indian Vaccination Record cards through support of Tribal Leadership on Tribal, State, and Federal levels. Resolutions passed by Affiliated Tribes of Northwest Indians and National Congress of American Indians.</td>
</tr>
<tr>
<td>Convened four quarterly TUIHIC meetings and two Vaccine Hesitancy/Confidence Taskforce meetings; partnered with the American Lung Association to sponsor a Vaccine Hesitancy Webinar with Dr. Daktah Lane, Lummi Nation.</td>
</tr>
<tr>
<td>Established the TUIHIC Vaccine Hesitancy/Confidence Taskforce and 4 focused workgroup content areas: Health Workers; Cross Borders Issues; Engagement: Youth, Elders, Family, Friends, Community; and Technology/Research</td>
</tr>
<tr>
<td>Supported, engaged, informed, and created – gathering information, to inform development of resources and provide technical assistance in emerging areas: COVID-19 and routine vaccines available on the TUIHIC website.</td>
</tr>
<tr>
<td>Enhanced Partnerships and collaboration efforts, including: speakers series, Presentations/Content Experts, Sharing and Dissemination of Information and Materials, Vaccination Clinics, In-kind and Direct Support.</td>
</tr>
</tbody>
</table>
2020-21 TUIHIC Highlights

MONITORING VACCINE AND INFECTIOUS DISEASE ISSUES WITH MEMBERS AND COLLABORATING PARTNERS. SERVING AS A TRUSTED SOURCE FOR INFORMATION SHARING.
Tribal/Urban Indian Health Immunization Coalition

2020-21 TUIHIC Highlights
OFFICIAL TRIBAL AND URBAN INDIAN VACCINE RECORD CARDS

Insert Tribal Logo

Tribal American Indian and Alaska Native
Vaccination Record Card

OFFICIAL Tribal AI/AN Vaccination Record to be used for verification of vaccination.

Please keep this record card, which includes medical information about the vaccines you have received. Caution: this has your private information for your safety please do not post your completed card on social media.

<table>
<thead>
<tr>
<th>Last Name</th>
<th>First Name</th>
<th>MI</th>
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<tr>
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Date of birth

<table>
<thead>
<tr>
<th>Patient number (medical record or IRS record number)</th>
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<table>
<thead>
<tr>
<th>Vaccine</th>
<th>Product Name/Manufacturer</th>
<th>Lot Number</th>
<th>Date</th>
<th>Healthcare Professional</th>
<th>Signature</th>
<th>Clinic Site</th>
<th>Phone #</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Dose COVID-19</td>
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<tr>
<td>2nd Dose COVID-19</td>
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<tr>
<td>Other</td>
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<tr>
<td>Other</td>
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</tr>
</tbody>
</table>

Reminder! Return for a second dose!

<table>
<thead>
<tr>
<th>Vaccine</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>COVID-19 vaccine 2nd Dose Required</td>
<td>mm dd yy</td>
</tr>
</tbody>
</table>

Other

<table>
<thead>
<tr>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>mm dd yy</td>
</tr>
</tbody>
</table>

REMEMBER:
- Bring your vaccination card to every vaccination or medical visit.
- Check with your health care provider to make sure you are not missing any doses of routine recommended vaccines.
- Check with your health care provider if your vaccinations are up-to-date.

SAFETY:
- If you have an adverse reaction, contact your provider or clinic.
- You cannot report a vaccine adverse event to the Vaccine Adverse Event Reporting System (VAERS) at vaers.hhs.gov.

LOST CARD? If your vaccine card is lost ask your health care provider for a replacement.
- OPTION: take a photo of your vaccination card on your phone.

For more information about COVID-19 and COVID-19 vaccine, visit:
- Tribal and Urban Indian Health Immunization, https://aihc-wa.com/immunizations/

May 2021

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Tribal/Urban Indian Health Immunization Coalition

National Congress of American Indians, Resolution Urging Federal, State and Local Governments to Recognize Official Tribal Vaccination Record Cards and Urban Indian Health Vaccination Records Cards

The National Congress of American Indians
Resolution #AK-11-016

TITLE: Urging Federal, State and Local Governments to Recognize Official Tribal Vaccination Record Cards and Urban Indian Health Vaccination Record Cards:

WHEREAS, we, the members of the National Congress of American Indians of the United States, invoking the divine blessing of the Creator upon our efforts and purposes, in order to preserve the sovereignty and to demonstrate the inherent sovereign rights of our tribal nations, agree to work together for the rights and privileges we all believe are our birthright under the laws and Constitutions of the United States and the United States Constitution on the subject of healthcare and that we work for the unique health care needs of the Indian people, to preserve Indian cultural values, and otherwise promote the health, safety and welfare of the Indian people, hereby establish and submit the following resolution:

WHEREAS, the National Congress of American Indians (NCAI) was established in 1850 and is the oldest and largest national organization of American Indians and Alaska Natives tribal governments;

WHEREAS, NCAI acknowledges the need for an Official Tribal Vaccination Record Card and an Urban Indian Health Vaccination Record Card in support of COVID-19 and vaccination record needs;

WHEREAS, Tribal Nations are sovereign nations and the United States has a unique legal and political relationship with Tribal Nations established through the U.S. Constitution, treaties, federal statutes, executive orders, and judicial decisions; and

WHEREAS, on March 11, 2020, the World Health Organization declared a pandemic by the World Health Organization and on March 13, 2020 a nationwide presidential emergency was declared in the United States; and

WHEREAS, American Indians and Alaska Natives are disproportionately affected by the COVID-19 pandemic with many experiencing serious illness or death; and

WHEREAS, currently there are three approved COVID-19 vaccines available on a limited basis and more vaccines may be approved going forward; and

WHEREAS, Tribal Nations and urban Indian health facilities have been administering vaccines to American Indians and Alaska Natives, and to non-Indians in surrounding communities;

NOW THEREFORE BE IT RESOLVED, National Congress of American Indians (NCAI) urges federal, state and local governments and their agencies to:
• Recognize Tribal Nations as sovereign nations uniquely positioned to accurately and timely respond to vaccinations records for their tribal citizen and service populations; and
• Recognize Tribal Vaccination Record Cards and Urban Indian Health Vaccination Record Cards as official documents to confirm vaccination status, and
• Recognize Tribal Vaccination Record Cards and Urban Indian Health Vaccination Record Cards to vacinate guidance documents and other policies that reference federal, state and local government vaccination documentations; and
• Acknowledge and recognize that Tribal Vaccination Record Cards and Urban Indian Health Vaccination Record Cards enhance the health and well-being of American Indians and Alaska Natives by providing required documentation with those that have access following vaccinations and official records.

CERTIFICATION
The foregoing resolution was adopted by the General Assembly at the 2021 Mid-Year Conference of the National Congress of American Indians, held June 20, 2021 - June 24, 2021, with a quorum present.

ATTEST:

Page 2 of 2
PARTNERSHIPS AND OPPORTUNITIES
Urban Indian Health Institute
Partnerships for Native Health, WSU
Fred Hutchinson Cancer Research Center
American Lung Association
Washington State Public Health Association
Kaiser Permanente
DOH Statewide Collaborative Partners
Department of Children, Youth and Families
Washington State Public Health Association
US Health and Human Services
Indian Health Services
Northwest Portland Indian Health Board
Affiliated Tribes of Northwest Indians

COLLABORATION EFFORTS
• Speakers Series
• Presentations/Content Experts
• Sharing and Dissemination of Information and Materials
• Vaccination Clinics
• In-kind and Direct Support
Tribal/Urban Indian Health Immunization Coalition

Tribal/Urban Indian Health Immunization Coalition

Engage, Gather, Inform, and Create

- Support – gathering information, continue to inform development of resources and provide technical assistance in emerging areas: COVID-19 and routine vaccines.

- Continued work on Vaccine Hesitancy Tribal/Urban Indian COVID-19 Talking Points to Support Emerging Issues for Multiple Audiences as issues emerge

- Work with a Native Media Firm to Develop Specific Recordings Regarding Key Messages from Community Influencers, including Tribal/Urban Indian Youth, Elders, Community members, Providers, and Leaders

- Youth Engagement in Vaccine Hesitancy Efforts – Inform, Engage, and Create (various age groups)

- Pulling Campaign– symbol reflected with Paddles for achievements of 100% youth rates—Vaccine Hesitancy Task Force
PROTECT AGAINST COVID-19 FOR THE HEALTH OF INDIGENOUS PEOPLE TODAY, TOMORROW, AND INTO THE FUTURE

PROTECT YOUR COMMUNITY

PROTECT YOUR TRIBE

#VACCINESWORKTO PROTECT INDIVIDUALS AND COMMUNITIES
https://aihc-wa.com/pulling-together-for-wellness/immunizations/


Tribal and Urban Indian Health Immunizations Coalition
Contact Jon Olinstead at janolinstead@gmail.com or Wendy Stevens, ws.aihc@gmail.com for more information.
Getting A Flu Vaccine is Very Important for American Indians and Alaska Natives

**WHY?**

Getting the flu vaccine can protect your baby. The flu vaccine protects both mom and baby from the flu. This is important as the flu can cause more severe illness in both pregnant moms and developing babies.

Mom passes protective antibodies onto the developing baby while pregnant. This protects a baby after birth from the flu.

A pregnant person is not only “eating for 2”, they are staying healthy for 2!

You have the power to make the best choices for you and your baby!

https://www.cdc.gov/vaccines/pregnancy/vacc-during-after.html

---

Healthy Choices Strengthen Future Generations

**Seven Generations Way of Living**

Making Choices for the Health of Indigenous People Today, Tomorrow, and into the Future

Tribal/Urban Indian Health Immunization Coalition  
aihc-wa.com/immunizations
### SYMPTOM CHECKER

<table>
<thead>
<tr>
<th>SYMPTOMS</th>
<th>COVID-19</th>
<th>Flu</th>
<th>Cold</th>
<th>Allergies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fever</td>
<td>Common</td>
<td>Common</td>
<td>Rare</td>
<td>Sometimes</td>
</tr>
<tr>
<td>Sneezing</td>
<td>Rare</td>
<td>No</td>
<td>Common</td>
<td>Common</td>
</tr>
<tr>
<td>Cough</td>
<td>Common</td>
<td>Common</td>
<td>Common</td>
<td>Sometimes</td>
</tr>
<tr>
<td>Headache</td>
<td>Sometimes</td>
<td>Common</td>
<td>Rare</td>
<td>Sometimes</td>
</tr>
<tr>
<td>Aches &amp; Pains</td>
<td>Sometimes</td>
<td>Common</td>
<td>Common</td>
<td>No</td>
</tr>
<tr>
<td>Fatigue</td>
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<tr>
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<td>Sometimes</td>
<td>Common</td>
<td>Sometimes</td>
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<tr>
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<td>Sometimes</td>
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<td>No</td>
<td>Common</td>
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<td>Sometimes</td>
<td>No</td>
<td>No</td>
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<tr>
<td>Loss of taste and smell</td>
<td>Common</td>
<td>No</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Watery Eyes</td>
<td>No</td>
<td>No</td>
<td>Common</td>
<td>Common</td>
</tr>
<tr>
<td>Mucus dripping down throat</td>
<td>No</td>
<td>No</td>
<td>Common</td>
<td>No</td>
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**AIHC Tribal and Urban Indian Health Immunizations Coalition**

Contact Jon Olmstead at jono@maine.net or Wendy Stevens, ais@ais.gov for more information. 

Data per CDC.gov

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**AIHC Tribal and Urban Indian Health Immunizations Coalition**

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Data per CDC.gov

May 2021
THE WISDOM OF OUR MATRIARCHS

Our sacred role is the survival of our families and Tribes

PLEASE GET VACCINATED

Protect Our Seven Generations

Making Choices for the Health of Indigenous People Today, Tomorrow, and into the Future
Tribal/Urban Indian Health Immunizations Coalition
https://aihc-wa.com/immunizations
WARRIORS PROTECT FAMILY AND COMMUNITY

Be a Warrior
PLEASE GET VACCINATED

WE ARE ALL WARRIORS
Protecting Our Seven Generations Way of Living

Making Choices for the Health of Indigenous People
Today, Tomorrow, and into the Future
Tribal/Urban Indian Health Immunizations Coalition
https://aihc-wa.com/immunizations
WARRIORS PROTECT FAMILY AND COMMUNITY
BE A WARRIOR
GET VACCINATED

Seven Generations
Way of Living

Making Choices for the Health of Indigenous People
Today, Tomorrow, and into the Future
Tribal/Urban Indian Health Immunizations Coalition
https://aihc-wa.com/immunizations
"I serve my role as an elected official that believes we must walk our talk "Vaccination prevents serious illness and death within our Tribal communities across Indian Country."
I survived the Positive diagnosis of COVID 19 because I received the Pfizer 2 dose vaccine in December 2020/January 2021."

Marilyn Scott (Whe-che-litsa), Councilwoman of the Upper Skagit Tribe
“I am Willie Frank, Chairman of the Nisqually Indian Tribe. We are in difficult times right now. We need to pull together to protect our communities.

“As Tribal leaders it is up to us, along with other leaders, including the state, to educate folks to make sure they are getting the accurate information in the right way to support our community members to make good choices.

“Be a warrior and protect our families and communities, now, and into the future. Get vaccinated.”
Tribal and Urban Indian Health Immunization Coalition

What is on the horizon?
Annual Quarterly/Annual Meeting Schedule- tentative
8-3-21 – TUIHIC Quarterly Meeting – 1:00-3:00 pm
11-9-21 – TUIHIC Annual Meeting – 10:00 am-3:00 pm
2-8-22 – TUIHIC Quarterly Meeting – 1:00-3:00 pm
5-10-22 – TUIHIC Quarterly Meeting – 1:00-3:00 pm
8-9-22 – TUIHIC Quarterly Meeting – 1:00-3:00 pm

Workgroup/Task Force Meeting Schedule
September 29 – Vaccine Confidence/Hesitancy- 1:00-3:00pm

Speakers’ Series Topics
1st: September 28 Addressing COVID-19 and Trauma Effects–Bonnie Duran Dr.PH
2nd: Youth Voices - October
3rd: Pediatricians talk about COVID-19 vaccinate safety - October
4th: Topic to be Determined - November

SUPPORTING TRIBAL AND URBAN INDIAN EVENTS
September – Support Vaccine
--Vaccine Clinics in partnership with Medical Teams International
– TA to addressing underlying issues re: vaccine confidence
Tribal/Urban Indian Health Immunization Coalition

MONITORING VACCINE AND INFECTIOUS DISEASE ISSUES WITH TUIHIC MEMBERS AND COLLABORATING WITH PARTNERS, SERVING AS A TRUSTED SOURCE FOR INFORMATION SHARING

FOCUSED WORKGROUP CONTENT AREAS
- Vaccine Confidence/Hesitancy
- Healthcare Workers
- Cross Borders Issues
- Engagement: Youth, Elders, Family, Friends, Community
- Technology/Research

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Work with a SkyBear, a Native Media Firm to Develop Specific Recordings Regarding Key Messages from Community Influencers, including Tribal/Urban Indian Youth, Elders, Community members, Providers, and Leaders

Engage, Inform, and Create

Are there Influencers you recommend that we reach out to within your Tribe/Community?
What other resources are needed?
FOR THE HEALTH OF INDIGENOUS PEOPLE TODAY, TOMORROW, AND INTO THE FUTURE

https://aihc-wa.com/pulling-together-for-wellness/immunizations/

Jan Ward Olmstead, janolmstead@gmail.com
Wendy Stevens, ws.aihc@gmail.com

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