

**Food Allergy/Intolerance
Care Plan**

This **Food Allergy/Intolerance Care Plan** is a general guideline to facilitate safety in a child care or early learning setting. It is up to the health care provider to ensure that this form is complete and addresses the child's specific needs for managing an allergy or intolerance while participating in a child care program. This document contains personal health information and should be kept confidential. Thank you for your attention to this matter.

If medication is required please complete the [Allergy and Anaphylaxis Emergency Plan](#) (American Academy of Pediatrics, 2017.)

List each food separately	Describe how the child reacts to the food	List appropriate food substitutes
	Severe or potentially severe reaction: Yes* <input type="checkbox"/> No <input type="checkbox"/>	
	Severe or potentially severe reaction: Yes* <input type="checkbox"/> No <input type="checkbox"/>	
	Severe or potentially severe reaction: Yes* <input type="checkbox"/> No <input type="checkbox"/>	

Please add any additional information or comments as needed.

Other medical professionals working with the child list below: (e.g., medical provider, food allergy specialist, registered dietician,)

Name	Title	Contact Info	Consent for Sharing Info

Signature

Parent/Guardian	Phone	Date
Child Care Facility Director	Phone	Date
Health Care Provider Name:	Phone	Date
Health Care Provider Signature:		