

Extend Your Learning Resources

Fighting Bac!: This PDF provides guidance on sanitary methods for changing diapers and setting up hygienic diaper changing stations. It also includes statistics and studies to support these practices: http://www.fightbac.org/wp-content/uploads/2015/07/All_Diapering.pdf

Supporting Toilet Training in Child Care: This website provides practical ideas for supporting young children in child care with toilet training: <https://childcare.extension.org/helping-children-with-toilet-learning-in-child-care/>

King County Public Health Department: This page hosts materials in English and Spanish for child care providers, including a stand-up diapering procedure, lay-down diapering procedure, and cleaning and disinfecting procedures:
<https://kingcounty.gov/depts/health/child-teen-health/child-care-health/bleach.aspx>

Stand-Up/Lay-down Diapering Procedure: This site provides stand-up and lay-down diapering procedures in English and Spanish: <https://kingcounty.gov/depts/health/child-teen-health/child-care-health/bleach.aspx>

Washington State Department of Health: Disinfecting and Sanitizing with Bleach Guidelines for Mixing Bleach Solutions for Child Care and Similar Environments:
<https://www.doh.wa.gov/Portals/1/Documents/8340/970-216-Disinfect-en-L.pdf>

Washington State Department of Health: How to Change a Diaper (Poster):
<https://www.doh.wa.gov/Portals/1/Documents/8330/130-082-DiaperCCsm-en-L.pdf>

Washington State Department of Health: Be a Germ-Buster... Wash Your Hands (Poster):
<https://www.doh.wa.gov/Portals/1/Documents/Pubs/130-012.pdf>