

Extend Your Learning Resources

American Academy of Pediatrics

<https://medicalxpress.com/news/2016-10-american-academy-pediatrics-children-media.html>

Brain Rules for Babies *Under 2? No TV for you*

<https://www.youtube.com/watch?v=aD43YCPKDho>

Center for Disease Control

<https://www.cdc.gov/obesity/strategies/childcarecece.html>

Common Sense Media

<https://www.commonsensemedia.org/>

Eastern Connecticut State University *Introducing Technology to Young Children*

<http://www.easternct.edu/cece/e-clip-introducing-technology/>

Healthy Kids-Healthy Future

<https://healthykidshealthyfuture.org/5-healthy-goals/reduce-screen-time/resources/>

National Center For Health Research

<http://www.center4research.org/young-children-screen-time-tv-computers-etc/>

Time.com

<http://time.com/5437607/smartphones-teens-mental-health/>

ZERO TO THREE: Screen Sense

<https://www.zerotothree.org/early-learning/screen-time>