CHAPTER 22

FAMILY PLANNING

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CHAPTER 22
FAMILY PLANNING

22.00 PROGRAM AUTHORITY

Federal: 45 CFR 205.146(b); 220.21; 228.63; 228.70.
State: RCW 9.02.070; 43.20A.550.
WAC 388-15-010; 388-15-020; 388-15-240; 388-86-035.

22.10 POLICY

22.11 Purpose of Service

Family planning services enable individuals to voluntarily avoid unwanted pregnancies and to make informed choices regarding the number and spacing of children in order to achieve or maintain independence and/or self-sufficiency.

22.12 Service Description

A. Family planning services encompass a broad range of medical and non-medical services which include information and referral, assistance in scheduling appointments, counseling, education, contraceptive medical care, and surgical services.

B. Family planning services are provided by:

1. Family planning agencies which have a contract with Family Planning Services Section, Office of Preventive Health Services. Services include:

   a. The "Annual Services Package" of contraceptive and related services provided to clients by Title X, Title XIX, and State Funds. The established rate covers both the exam visit and a subsequent year of contraceptive care including:

      (1) Information and education about birth control methods;

      (2) Medical history and physical examination;

      (3) Pap smear, gonorrhea culture, and blood and urine testing for sugar and protein;

      (4) Contraceptive supplies;

(5) Short-term counseling around family planning related problems;

(6) Community referral if additional medical, social, or financial assistance is needed;

(7) Follow-up visits as indicated by contraceptive method, abnormal test results, and/or physical examination.

b. Services not included in the Annual Services Package include:

(1) Pregnancy testing, counseling, and referral;

(2) Diagnosis and/or treatment of vaginal discharge;

(3) Sterilization counseling and/or surgery;

(4) Infertility counseling and/or referral;

(5) Additional (nonroutine) laboratory tests.

c. Community education and outreach.

2. Private physicians who have a contract agreement with the Division of Medical Assistance to provide the following services to Title XIX eligible persons:

a. physical examination;

b. laboratory tests;

c. medical contraceptive services (diagnosis, treatment, supplies, and follow-up); and

d. male and female sterilization and abortion.

C. Coordination of family planning related services is provided through a DSHS interdepartmental cooperative agreement. The agreement provides coordination between the Division of Medical Assistance (DMA), Division of Children and Family Services (DCFS), Division of Income Assistance (DIA), and Family Planning Services Section (FPSS) within the Division of Health (DOH).

D. Family planning referral services are provided by Community Services Offices (CSO).

By federal mandate, CSOs are required to inform AFDC recipients of the availability of family planning services and assist the recipient in obtaining the requested service (see 22.13(A)(1)(2)(3)(4) for CSO division of staff responsibilities).

22.13 General Policies Related to This Service

A. DCFS offices shall inform all potentially sexually active clients of the availability of family planning services by:

1. Explaining that medical coupons will cover payment of family planning services, either through private physicians or through Title X funded family planning agencies.

2. Informing clients about the availability of family planning services when establishing social service eligibility;

3. Providing information and referral services to all persons inquiring about the availability of family planning services.

B. Family planning services are strictly voluntary.

C. Family planning services shall not be a prerequisite for eligibility to receive any other requested social service or financial assistance.

22.15 Eligibility

A. Family planning services are available to persons who qualify for medical coupons or meet state-funded eligibility requirements. Contracted family planning agencies make the eligibility determination for state-funded services.

B. State residency is a requirement to be eligible for Title XIX and state-funded family planning service.

C. The provision of family planning services to minors does not require parental consent, but does require that the parent's financial ability to support the minor be established according to Washington State Medical Assistance Program criteria. However, declaration of the parent's income is not required to receive services supported by Title X or state funds.

D. Family planning agencies which provide services under Title X of the Public Health Act utilize a sliding fee scale based on family size and income. Under Title X funding, no individual may be refused services because of residency or inability to pay.

22.20 PROGRAM STANDARDS

22.21 Program Expectations

A. Financial services workers will provide family planning information and referral to all clients requesting financial assistance.

B. Service workers will provide family planning information and referral (I&R) to all persons who request service.

22.22 Program Outcomes

Information and referral services provided.

22.30 SERVICE PROCEDURES

22.31 Procedures Applicable to Non-Surgical Services

When providing family planning information and referral to clients eligible for social services, the service worker should inform clients how medical coupons may be used, e.g., if the coupon is coded to be accepted only at Group Health agencies or private physicians, the client cannot use the coupon at a family planning agency.

22.32 Procedures Applicable to Surgical Services

A. All requests for sterilizations or abortions will be referred to:

1. Family planning agencies.

2. Private physicians who accept medical coupons from Title XIX eligible clients.

B. Surgical service providers must obtain prior approval from the CSO medical consultant for all Title XIX family planning surgical procedures.

C. Sterilizations require a thirty-day waiting period if funded by Title XIX or state funds.

22.60 INTERFACE WITH OTHER DSHS AGENCIES

The service worker may coordinate and confer with financial service for determination of Title XIX eligibility.

22.98 INTERFACE WITH NON-DSHS AGENCIES

The service worker providing family planning information and referral services may wish to coordinate or confer with:

A. Family planning agencies to arrange for appointments and/or follow-up services.

B. Private physicians to arrange for appointments and/or follow-up services.

22.99 REQUIRED FORMS AND INSTRUCTIONS

See Chapter 99, General Forms, for these generic forms:

DSHS 2-305(X)	Service Episode Record (10/78)
DSHS 2-306	Communication/Referral (Rev. 9/78)
DSHS 14-24(X)	Face Sheet (Rev. 9/78)