

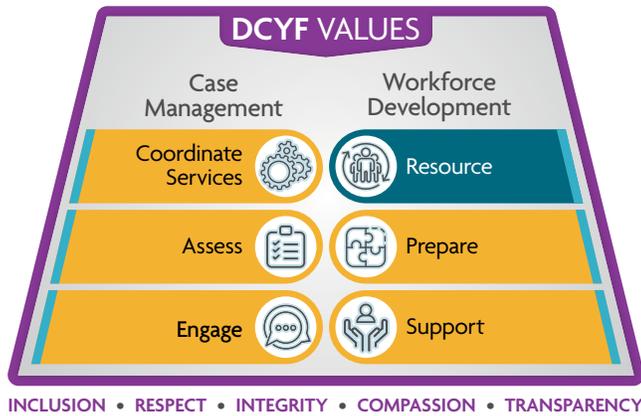
# Thriving Families: Motivational Interviewing

Staff and families empower for long-term behavioral change

Trains all caseload-carrying DCYF child welfare staff to fidelity in Motivational Interviewing to facilitate positive change through engagement with children, youth, and families, which will reduce removals and lengths of stay in out-of-home placements. The Motivational Interviewing Project supports the workforce and case management components of DCYF's Family Practice Model.



## FAMILY PRACTICE MODEL FRAMEWORK



### How will families be supported?

Families will be guided in creating long-term change rather than short-term compliance. They will be empowered to participate and take ownership in case planning, accountability in their progress, and build confidence and trust in themselves.

### How will staff be supported?

Staff will be equipped with communication skills and continuing education credits through training, coaching, and support from the Alliance and Family First Regional Consultants.

### How do we demonstrate we are prioritizing prevention?

DCYF is shifting practice to engage the family as true partners in self-directed goals, service identification, case planning, and decision making. By harnessing the intrinsic motivations to change, rather than focusing on the external pressures, prevention is enhanced through resolution of ambivalence and increased motivation towards long-term change.

### How are we reducing disparities?

Motivational interviewing is grounded in measurable principles, strategies, and approach. All families receive equal, unbiased engagement under the fidelity model. Anticipated outcomes are reduced recurrence of maltreatment, reduced length of stay in out of home care, and increased participation in services in diverse communities.

*This project is part of the **Thriving Families** campaign, which is made up of multiple ongoing projects in the child welfare space.*

***Thriving Families** will allow DCYF to strengthen its work with children and families, and support staff.*

*The campaign will improve outcomes for families by safely reducing the number of children in out-of-home placements, supporting families so children remain safely at home, placing children with kin if they cannot remain safely at home, and ensuring placements are safe, stable, and support permanency.*

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