

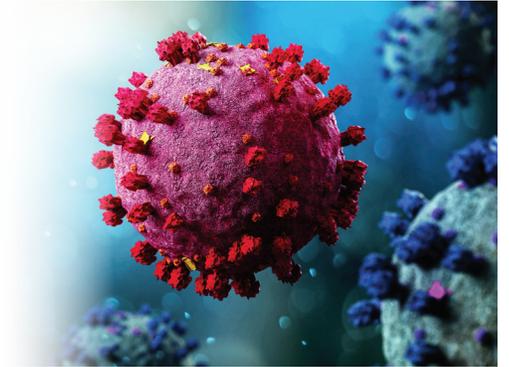
Tilmaamaha COVID-19 – Maxaa La Sameeyaa

Intii lagu jiray mushkilada COVID-19, wakaalado gobolo badan iyo maxaliya ayaa masuul ka ahaa maamulida jawaabta xaaladaha degdega ah.

Way adkaan kartaa mararka qaar in la ogaado cida ama waxa la raacayo. Jaantuskan soo socda waxa loogu talo galay inuu kaa caawiyo inaad dhex mushaaxid tan.

Waxa muhiima in la xasuusto, is waafajinta ururada dhexdoodu wakhti ayey qaadataa iyo isku badel badan. Macluumaadka waxa u cusbooneysiya si joogto ah dhamaan wakaaladahan si ay ula qabsadaan isbadelka horumar markaynu kusii socono siyaasadaha jawaabta COVID-19.

Macluumaad badan oo khuseeya jawaabta DCYF ee COVID-19 iyo khayraadka, booqo www.dcyf.wa.gov/coronavirus-covid-19.



* Qaramada Qabiilka ah way madaxbanaan yihiin mana qabtaan Amarada Sare ee Dawladu.

** Dib u furitaanka tilmaamata dugsiga OSPI waxa ku jiri waxoogaa tixraaca oo awoodaha iyo amarada ah, iyo sidoo kale xeerarka ugu fiican.

*** Khayrkaadka kale ee tilmaamta caafimaadka waxa laga heli karaa Xarunta Xakameynta Xanuunada (CDC), Ururka Caafimaadka Aduunka (WHO), iyo Haayada Ilaalinta Deegaanka (EPA).

Hadaad ku rabto nuqulada dhukumiintigan qaab ama luqad kale, fadlan la xirii Xiriirada Degmada ee DCYF (1-800-723-4831 | 360-902-8060, ConstRelations@dcyf.wa.gov).

DCYF PUBLICATION EPS_0032 SM (10-2020) Somali



Washington State Department of
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