

# A Guide for Families Transitioning to In-Person Early Support for Infants and Toddlers (ESIT) Services



The ESIT program wants your family to be safe and healthy. Service providers coming to see you will follow guidelines from the state and their agency.

## Do we have to transition to in-person services?

You know your child and family's needs better than anyone else, and you can choose the right time to transition to in-person services. Your Family Resources Coordinator and your other service providers are available to discuss your options.

## What are my options?

Families have a variety of service delivery options. For example, you might:

- Continue with tele-practice services
- Choose to have a provider come into your home
- Choose to meet a provider at an outdoor location, such as a park or your backyard
- Or any combination of these options

## Who is required to wear a mask during in-person services?

Providers will wear a mask in your home. Before in-home visits, you may want to have a video call with your provider to show your child what the provider will look like wearing a mask. Explain to your child that masks keep everyone safe. Your child who is receiving in-person services will not be required to wear a mask. However, you and others over the age of five in your home will be asked to wear one.

## When my provider comes to our home, will our sessions be the same as before?

If you decide to transition to in-person services, your provider will review the agency's safety requirements and describe what they will be like. These requirements may make visits feel different at first, but they are there for your safety. Even though your service provider will be delivering in-person services, things may not be exactly the same as before the pandemic. It is important that you and your child feel comfortable during visits.

## More questions?

We are committed to finding options that keep your family safe while working toward your child's developmental goals. If you have any questions, please ask your service provider or your Family Resources Coordinator.

*If you would like copies of this document in an alternative format or language, please contact DCYF Constituent Relations (1-800-723-4831 | 360-902-8060, [ConstRelations@dcyf.wa.gov](mailto:ConstRelations@dcyf.wa.gov)).*

DCYF PUBLICATION FS\_0059 (04-2021)



Washington State Department of  
**CHILDREN, YOUTH & FAMILIES**