



# Echo Glen Parent Fact Sheet

## Overview

The philosophy of Juvenile Rehabilitation is encompassed in our name – rehabilitation. Our mission at Echo Glen is to provide a safe, structured and secure environment where your child can learn new skills, develop positive habits and disengage from the activities that brought them here. We hold residents accountable to behavior standards, expect their participation in their personal growth process and look forward to seeing and contributing to their progress.

For a detailed overview of the Echo Glen campus, please visit [www.dcyf.wa.gov/services/juvenile-rehabilitation/residential-facilities/echo-glen](http://www.dcyf.wa.gov/services/juvenile-rehabilitation/residential-facilities/echo-glen) and select the Echo Glen Facility Overview link.

## Housing and Staffing

Echo Glen has eight housing units, referred to as cottages. Each cottage has a physical capacity of 16. Girls and boys are separated on campus for safety. Four cottages are maximum security capable, two are acute mental health units, one provides substance use disorder (SUD) treatment and one houses younger male youth for their safety.

Each cottage has a program manager, supervisor and approximately 8-11 counselors and counselor assistants. Echo Glen also has an independent security department and recreation department to support the campus as a whole. Because the facility is designated as a residential mental health facility, our staffing ratio is higher than many correctional institutions, which increases safety for the residents.

## Access to Medical and Mental Health Care

Echo Glen maintains a fully functioning health center on campus. We have contracted with Seattle Children's Hospital for adolescent medicine and psychiatry. Our campus psychologist is an expert in complex childhood trauma and is certified to deliver trauma-focused Cognitive Behavioral Therapy (CBT), in addition to providing therapy. Our contracted psychologist is an expert in neurodevelopmental disorders and works closely with our acute mental health cottages. We have a dental team on campus that provides routine and specialized dental care. We have a nursing team on site 18 hours per day, and our medical director is on call 24/7. We partner with local hospitals for emergency care, and with local providers for specialized care, such as optometry and physical therapy.



## Implementing the Federal Prison Rape Elimination Act (PREA) – How We Keep Your Child Safe

Echo Glen is serious about keeping our residents safe, and maintaining full compliance with the federal PREA law helps us do so. PREA is a federal law established to address the prevention and elimination of sexual abuse in correctional systems. PREA applies to all federal, state and local adult prisons and jails, police lock-ups, private prison facilities, as well as juvenile detention and corrections facilities.

We maintain a zero tolerance policy for sexual abuse and sexual harassment, and take immediate action when any report is made. The sole focus of PREA activities at Echo Glen is to prevent, detect and respond to sexual abuse and sexual harassment of residents. Residents are oriented to PREA upon arrival, including their right to be free from sexual abuse in the facility, and are taught how to report any incidents. Staff receive training when they are hired and then receive refresher training each year. Additionally, our security managers conduct unannounced rounds to ensure resident safety.

### For further information about PREA, please contact:

#### Jennifer Zipoy

Associate Superintendent  
PREA Compliance Manager  
(425) 831-2705  
[jennifer.zipoy@dcyf.wa.gov](mailto:jennifer.zipoy@dcyf.wa.gov)

#### Eric Crawford

JR PREA Administrator  
(360) 902-0230  
[eric.crawford@dcyf.wa.gov](mailto:eric.crawford@dcyf.wa.gov)

You are also welcome to report your concerns to the Child Protective Services 24-Hour Hotline at 866-363-4276.

### Dialectical Behavior Therapy

Echo Glen Children's Center uses Dialectical Behavior Therapy (DBT) as the primary mode of treatment. DBT was developed by a psychologist at the University of Washington to treat people with severe emotional challenges. DBT provides residents with skills that help them to manage their emotions and improve the quality of interpersonal interactions. DBT is delivered through weekly one-on-one counseling sessions, weekly DBT skills groups and integration of the DBT skills into the residential environment. DBT skills groups are delivered using a standard curriculum called the Skill of the Week, which is a 25-week rotation of skills for residents to learn and practice.



## Authorized Property and Access to Funds

### Personal Property

We recently revised our property policy, which addresses the possessions residents may have while at Echo Glen. Please see the approved personal property list in the Echo Glen Youth Handbook.

Visitors may not bring property to give to residents during visitation. If you bring or mail property that exceeds allowed amounts, is valued at \$150 or more or is considered restricted property, we will ask you to pick it up at your next visit and take it home. We have limited storage for resident personal items. Please ask your child what they currently have before sending new items.

The Echo Glen commissary provides hygiene items, bedding, towels, shoes, belts and other necessities.

### Resident Funds

You may deposit funds to your child's resident account at the reception desk when you arrive for visitation. The receptionist will provide you with an agency deposit slip for your records. We do not allow youth to have money in their possession while at Echo Glen, so do not give your child money directly. Cottage staff cannot accept money from visitors, so please make sure to work with the receptionist.





## Visitation

Parents and families are welcome to schedule visits with their child at Echo Glen. Our normal visiting hours are as follows:

- Sunday from 1–2:45 p.m.
- Wednesday from 1–2:45 p.m.
- Wednesday from 3:15–4:45 p.m.

Please contact your child's case manager by Friday at noon to schedule a visit for the following week. You may call the Echo Glen Main Number at 425-831-2500 and ask the staff to transfer you to your child's cottage. Cottage staff will answer the phone and may take a message.

Visitation may be scheduled on alternate days or holidays in consultation with your child's case manager, however, these visits must be preapproved by the program manager and administration.

Visitors may include immediate family over the age of 21. This includes your child's mother, father, step-parents, siblings over the age of 21, aunts, uncles and grandparents. If your child's siblings are under the age of 21, please work with the case manager to arrange a special visit. Special visits are also arranged if your child is a parent already, and would like to visit with their own child.

### Tips for Scheduling Your Visit

- You must know the name of your child's cottage to have your call transferred there. Refer to the parent letter for the cottage name.
- Speak with your child's case manager and ask to schedule a visit.
- Be prepared to provide the names of all family members who will be visiting. All visitors must be on a pre-approved visitation list.

## Visiting Procedures

All visitors need to stop at the front gate.

- Slowly pull up to console in the center of the road.
- Push the button on the console, wait for the ring and for reception to answer.
- Inform reception who you are visiting.
- Slowly drive through the gate and follow signs to the visitor parking.

Note: If the gate does not open, you will need to push the button to speak with the receptionist. The system does not allow the receptionist to initiate the conversation.

Once you park your car, check in at the Health Center Security Desk and receive a visitor's badge. Visitors must show a valid picture identification (ID). Acceptable ID includes the following:

- Driver's license.
- Work ID card.
- Washington State ID card.
- Passport.
- Green card.
- Military ID.

**VISITORS OVER 21 THAT DO NOT HAVE A VALID ID WILL NOT BE ALLOWED TO ENTER THE FACILITY.**



## Bringing Personal Items on Campus

### Prohibited Items

- Weapons, knives, pepper spray
- Tobacco products
- Drugs, alcohol
- Medications of any kind

### Restricted Items During Visitation

- Cell phones, pagers
- Animals
- Cameras
- Lighters, matches
- Fingernail file, nail clippers
- Food, beverages
- Glass

### THESE ITEMS MUST REMAIN IN YOUR CAR.

Security staff will check you in for your visit. Security has the authority to request that any other items deemed by campus security as a security concern be returned to your car prior to your visit.

## Celebrating Birthdays

In the event that your child has a birthday while in residence at Echo Glen, we will help them celebrate. Volunteers sometimes provide cakes from Costco and our kitchen team is always happy to make a cake for each resident. Youth have the option to visit the Birthday Closet and choose several approved hobby items to keep with them, such as origami books, coloring books and pencils or reading material. Feel free to reach out to your child's case manager if you have ideas or would like to schedule a special birthday visit.

## Additional Supports

### Reentry Team Meetings (RTMs)

To support your child's rehabilitation and reentry back into the community, Juvenile Rehabilitation (JR) begins the reentry planning process early in your child's residential stay and revisits it throughout their time in JR. The RTM process involves a meeting with staff to plan youth treatment and eventual return to the community. This meeting includes the resident and their family members. We know that parents are the experts on their own family experiences and needs, and that they are in the best position to help the Echo Glen team determine the best goals and treatment plan for their child. Hearing about your concerns, hopes, thoughts and ideas about what is best for your child and your family is important during this Reentry Team Meeting. Please review the RTM process and be prepared to schedule your child's RTM in the first month of their stay. You can also access the RTM overview on the Echo Glen webpage.

### Certificate of Restoration of Opportunity (CROP)

In your onboarding packet you will find two documents relating to a Certificate of Restoration of Opportunity (CROP) – a brochure from the court system about CROP and a review developed by TeamChild, our legal partner agency that advocates for juvenile legal rights. A CROP is a civil court order intended to reduce barriers to employment and restore eligibility for occupational licenses for people who have been in the juvenile or criminal justice system. TeamChild recommends looking into record sealing for juveniles instead of a CROP – please review the handout and discuss it during the Reentry Team Meeting.

### Wraparound with Intensive Services (WISe)

In your onboarding packet, you will find a WISe services document. WISe is a voluntary service that creates a community team approach to meet intensive mental health needs in support of your child and family. Echo Glen will screen and refer your family for services if you meet criteria. Please review the handout and discuss it during the Reentry Team Meeting.