

Programs and Partnerships: The Ascend Program at Harbor Heights



The Ascend Program is a leadership program for young men at Harbor Heights. After the program, young men may go to Green Hill School, a community facility, or another option.

Harbor Heights continues to expand its programming, and the availability of services may vary. Harbor Heights also has staff led programs such as Manhood Mornings and/or a Peer Support Group, facilitated by facility staff. Some programming at Green Hill is also available to young men at Harbor Heights.

LEADERSHIP AND MENTORSHIP

Rewire CBT

Young men learn, practice, and teach ROCA's Rewire CBT skills from staff. These tools help young men develop emotional regulation, impulse control, and decision-making.

Credible Messengers

Young men work with mentors who have lived experience. Mentors work with young men to create change, offer wisdom, teach accountability, and build relationships.

The Blueprint: Rites of Passage

Young men talk about manhood, responsibility, and success. They will develop individual plans for adulthood.

7 Habits on the Inside

Staff and young men work together to create a community based on trust and strengthening relationships. The goal is to create a more supportive and rehabilitative environment.

Manhood Mornings

Staff led meetings to check in with residents about a variety of current topics.

JOB TRAINING

My Journey Out Beyond (MyJOB)

Young men in this program can explore different jobs, get job training, and receive counseling. They will also participate in hands-on learning.



Washington State Department of
CHILDREN, YOUTH & FAMILIES

EDUCATION AND VOCATIONAL TRAINING

Grays Harbor

Young people can take college classes through Grays Harbor College.

GRuB

Young men will learn about gardening. They will also explore building sustainable ecosystems, plants, cooking, and nutrition. Young men also help decide what they learn in this program.

Peer Support Group

Staff led peer support group for young people.

RECREATION AND OTHER PROGRAMS

Video Calls and Messaging

Young men can use tablets to talk with approved friends and family using tablets.

The Bridge Music Project

Young people write, record, and perform original music that shares their stories. Young men learn skills such as teamwork, leadership, and empathy.

Financial Literacy

Helping residents learn how to make smart financial decisions.

TREATMENT PROGRAMS

Substance Use Treatment

Young people have access to substance use treatment.