Family Preservation Services (FPS)

About the Service

Family Preservation Services (FPS) is a family focused, behavior-oriented, in-home counseling and support program for caregivers and children. The provider meets with the family weekly or as needed for approximately 30 sessions.

Who does this service benefit?

Caregivers and children ages birth to 17 who meet one of the circumstances below.

- Family needs services to prepare the child, family, or home for reunification.
- The family is in conflict.
- Family needs services to prevent children from entering out-of-home care due to child abuse or neglect or a serious threat of substantial harm to the child's health, safety, or welfare.

Service Highlights

- Cover four domains: parenting strategies, crisis stabilization, counseling services, and family resources
- Provided in the home environment whenever possible
- Participants learn skills supporting effective, non-violent, age-appropriate communication and household management.
- All work directly supports the family in their implementation of their DCYF identified Safety Plan. Efforts target any barriers the family may have to meeting the plan.
- Increase family members' ability to recognize and deal with situations that may result in crises.
- Harm Reduction strategies aimed at reducing or limiting the safety threats.
- Interpersonal and Intrapersonal counseling focused on the social roles, relationships, and functioning of the family that directly impact child safety.
- Short-term counseling to control and stabilize the acute crisis. Longer term counseling needs may be addressed by connecting the family with resources outside of DCYF.

Washington State Department of
CHILDREN, YOUTH & FAMILIES

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