**Cedar Mat Weaving Instructions:**

Traditionally, cedar is gathered and prepared before-hand.

Supplies for cedar weaving are also available to order via the internet.

To begin:

1) Soak the cedar strips in water.

2) Arrange the soaked bark strips into two sections - strips for weaving horizontally and strips for weaving vertically. You will use these strips to weave your basket base.

3) Begin by weaving the strips in and out of each other while alternating the pattern so it begins to resemble a checker board.

4) Weave the strips in and out, tightening the strips close together one at a time, keeping the center as tightly woven as you can.
5) Once you have reached the size of the mat that you would like, use a raffia strip to weave in and out around the outer edges of the woven work. This will secure your weaving.

6) You can then trim the ends to complete your mat.

You may also practice weaving the mat using two colors of paper, weaving the colored paper strips in the same manner as the cedar.

Children enjoy multiple experiences with weaving, this basic pattern lends itself to many creative projects.