



**Qiimeynta Kooban ee Walaaca iyo PTSD:
Daryeel bixiyaha / Waalidka**
Brief Assessment of Anxiety and PTSD: Caregiver / Parent

LAGA BUUXIYEEY DHINACA:	TAARIIKH	MAGACA ILMAHA	DA'DA ILMAHA
-------------------------	----------	---------------	--------------

Murug:

Halkan waxaa kuqoran liis jumlado ah oo sharxaya sida ay dadku dareemaan. Go'aanso haddii "Aan Run ahayn ama Dhif ay tahay in ay Run noqoto," ama "Illaa iyo xad ay Run tahay ama Mararka qaar ay Run tahay," ama "Aad Run u ah ama Inta baddan ay Run tahay" ee loogu talagalay ilmahaaga. Kadibna, jumlad kasta, dooro jawaabta u muuqata in ay sharxeyso ama tilmaameyso ilmahaaga ee loogu talagalay seddexdii (3) bilood ee lasoo dhaafey.

	0 Aan Run ahayn ama Dhif ay tahay in ay Run Noqoto	1 Illaa iyo xad ay run tahay ama Mararka qaar ay Run tahay	2 Aad Run u ah ama Inta baddan ay Run tahay
Dhabtii ilmahayga wuxuu u baqaa sabab la'aan.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ilmahayga wuxuu kabaqaa in uu keligiisa guriga joogo.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dadku waxay ii sheegaan in ilmahayga uu u murgo ama u welwelo si aad ah.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ilmahayga wuxuu kabaqaa in uu dugsiga aado.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ilmahayga waa mid xishood baddan.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Murug: 3+ = caafimaad. Dhibic: _____

Calaamado Murug argagax-kadib ah:

Halkan waxaa kuqoran liis jumlado ah oo sharxaya sida ay dadku dareemaan. Go'aanso haddii "Aan Run ahayn ama Dhif ay tahay in ay Run noqoto," ama "Illaa iyo xad ay Run tahay ama Mararka qaar ay Run tahay," ama "Aad Run u ah ama Inta baddan ay Run tahay" ee loogu talagalay ilmahaaga. Kadibna, jumlad kasta, dooro jawaabta u muuqata in ay sharxeyso ama tilmaameyso ilmahaaga ee loogu talagalay seddexdii (3) bilood ee lasoo dhaafey.

	0 Aan Run ahayn ama Dhif ay tahay in ay Run Noqoto	1 Illaa iyo xad ay run tahay ama Mararka qaar ay Run tahay	2 Aad Run u ah ama Inta baddan ay Run tahay
Ilmahayga wuxuu qabbaa riyo cabsi ah oo kusaabsan wax aad u xun oo ay asaga / ayada mar uun kudhacay.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ilmahayga wuxuu isku dayayaa in uusan kufikirin wax kusaabsan waxyaabaha xun oo ay asaga / ayada mar uun kudhacay.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ilmahayga wuxuu baqaa marka asaga / ayada dib ugu fikirto waxyaabo xun oo ay asaga / ayada mar uun kudhacay.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ilmahayga wuxuu kufikiraa wax kusaabsan waxyaabo xun midaas oo ay asaga / ayada mar uun kudhacay xitaa marka asaga / ayada aanan doonaynin in uu waxaasi kufihiro.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

PTSD: 6+ = caafimaad. Dhibic: _____